



# Product catalog

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**STRENGTH MACHINES AND BASIC EQUIPMENT**





"Our mission is to make, not only Sweden, but the world healthier, stronger and more sustainable."

**- Kari Jernvall**  
Founder and Product Designer

# Welcome!

Welcome to the Gymleco Family!

We are a Swedish, family owned company with a passion for health, strength, innovation and sustainability. Gymleco is today one of the biggest designers and producers of strength training equipment in Europe. With customers all over the world, we have grown to be one of the leading gym machine brands with our innovative design and biomechanical uniqueness.

We offer a complete line of strength training and exercise equipment, and are one of few in the Nordics producing our products by ourselves. We want our customers to see us as a total solution and a profitable investment.

Since 1994 Gymleco has focused on designing Swedish, unique and functional equipment with a long lifespan and without maintenance needs. At Gymleco we are truly passionate about fitness and hope that you want to join us in achieving our dream of a healthier world and a sustainable future.

## Why choose Gymleco?

- |                                  |   |
|----------------------------------|---|
| • Brand founded in 1994          | = <i>Perfect functionality thanks to years of experience.</i> |
| • Biomechanical Uniqueness       | = <i>We create what the users want and get results from.</i>  |
| • Innovative and Original Design | = <i>Own design, no copies!</i>                               |
| • NO maintenance                 | = <i>Avoid headaches from machines that break.</i>            |
| • Quality materials              | = <i>Machines made for commercial use.</i>                    |
| • Small footprint                | = <i>Optimize your surface and fit more machines.</i>         |
| • Suitable for all users         | = <i>Easy to use and understand for everybody.</i>            |
| • Ergonomically correct          | = <i>You will not get injured while training.</i>             |
| • Affordable quality             | = <i>Fair prices from the start!</i>                          |



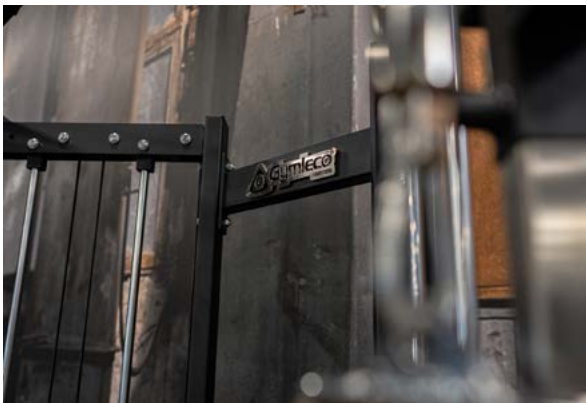
# Find what you are looking for



**Content**  
4-5



**About Gymleco**  
6-9



**Machine Features**  
10-13



**Assistance and Warranty**  
14-15



**010 - Series**  
Plate Loaded Machines  
16-27



**100 - Series**  
Basic Equipment  
28-39





## **200 - Series**

Multigym and Cable Stations  
40-45



## **300 - Series**

Selectorized Strength Machines  
46-55



## **Circuit Training**

56-59



## **Gymleco Worldwide**

Dealers

60-64

# Gymleco

## 1994

### Aims for a sustainable future

It all started 1994 in a small kitchen, south of Sweden with the idea of providing the market with affordable, functional and sustainable fitness equipment. The ambition was to develop low-maintenance strength training equipment with high functionality and quality. The equipment would be born by the muscle throughout the movement, without a negative impact on the joints.

The goal has always been to offer sustainable equipment that our customers can have at their gyms for decades, and now we are here. We have customers who have equipment left from the 90's - *still going strong*.

Since the start, we have focused on designing unique and innovative equipment with long lifespan and small footprint. We truly believe in *our own design* and construction. Products for a sustainable future.



# Gymleco

## now

### Still going strong

Today our head office is located in Sweden, in a city called Eskilstuna near Stockholm. Under the same roof you can find our own production, warehouse and showroom. This gives us the opportunity to have best quality control all the way from your order to shipment. We always work customer-focused with excellent communication.

With our own manufacturing we can shorten the delivery times, and it also provides an opportunity for you as a customer to order custom-made and customized solutions that are not in the ordinary product range.

Gymleco is a family owned company and we strive every day closer to our vision of a healthier and sustainable future. We stand 100% behind the product development and create our Swedish equipment with proper function and movement combined with ease of use.

Everyone should be able to workout correctly. With Gymleco's machines that is possible. That is why our products and the movements are designed to help you get more out of your workout, whether you are a beginner or an athlete. The machines are easy to understand and use for anyone. But most importantly, all movements are biomechanically correct.







# Gymleco Head Office Sweden







# Smart features

## Easy to read instruction sign

Every machine in our 300-series have an easy to read instruction sign in durable aluminium. No plastic or stickers, only high quality materials. Available in English, Swedish or Finnish.

## Ergonomic and comfortable cushions

The cushions are of the highest quality and come in two kind of colors: black and red. Furthermore, the cushion are designed and constructed to provide full stability. The cushion cover can be delivered with your logo choice.

## Solid machine rods

The machine rods are solid and treated to allow minimal friction with minimal maintenance. No lubrication is needed.

## Beatiful and smart weight stacks

Probably the best looking weight stacks on the market and the most functional with low weight intervals. The chromed treatment and the lasered numbers will look great, even after twenty years. Special shock absorbing discs are placed between each weight plate for a more quiet and soft exercise.





### The superior Powerband™

No more trouble with wires! We always use the original Powerband™. This belt has many advantages compared to wire constructions. It never needs to be adjusted or changed, it has a low friction, it offers a softer and more comfortable training, the lifespan is much longer, it keeps clean, it won't break without warning, it's always stretched, it won't draw out on the length, it won't jump out of it's path and it doesn't entangle itself as wires do. That is why we have a 10 years warranty on the belts in our 300-series.

### Safe and stylish stack covers

The stack covers have an aesthetically pleasing design that adds to the overall finish while also providing protection. The stack covers are also available in a short version that covers the height of the weight stack.

### Lifetime guarantee on steel profiles and welding joints

Gymleco's steel profiles and welding joints have our lifetime guarantee. That's why we can guarantee that the quality in our gym machines are the best.



### Maintenance free flange bearings

We use flange bearings on our equipment which provide maintenance free operation and come with a lifetime guarantee. These bearings provide the least friction and highest quality.

### Swedish quality since 1994

We design and manufacture all of our machines ourselves and only allow the highest quality for professional use.

### Stainless steel weight holders

The weight tubes and weight holders on our plate loaded machines are in beautiful stainless steel for ultimate durability. The weight holders have a square design which makes it easier to hang and retrieve the weight plates. This is our own design and unique for Gymleco machines.


### Rubber covered handles

Rubber covered handles with a good looking knob in the end. Antiseptic rubber with very high firmness.

### Option to bolt your machines

With all of our plate loaded machines you have the option to fix the machines to the floor with bolts. A great option if you want your machines to firmly be fixed to one place.





### Focus on the biomechanics

With our cam shaft the weight load changes after the body's own strength curve. Each camarm's length is adapted to each machine and dependent on the biomechanics of the machine the weight changes throughout the movement.

### Choose color on the frame

Color choice can be customized on any piece for a custom appearance. Our standard frame color is black but you can choose between a variety of color options that allow you to provide the gym experience you desire. At Gymleco we use environmentally friendly products.

### Small footprint

All of our machines have a small footprint and most come fully assembled. Easy to install and easy to place at the gym



# Assistance

You can certainly fix everything by yourself, but you don't need to. At Gymleco, we help you with everything from planning to installation of your gym. When you are thinking about choosing your gym equipment, you will receive advice and help from our specialists. Together, we review your needs and wishes to find a solution that fits.

## **Ideas and planning**

Our staff can help you with planning, designing and floor plans for both small and large gyms. We help you find smart and sustainable solutions that strengthen your business.

## **Delivery**

We offer fast delivery to your gym, company or home. We deliver worldwide. If there is a distributor / sales office in your country, they will help you through this process.

## **Assembly and installation**

We send in the most cases all machines already assembled.  
\*We can offer installment in your gym with either our staff or with third part partners.

\*If you are located in a country where we have an official distributor this is decided between you and them.

# Warranty

## Warranty - ISO-9001

Gymleco's unique warranty ensures that your training equipment always works. We can confidently guarantee that our equipment is designed and manufactured with the goal of high performance combined with maintenance free operation. In order to maintain a top tier performance, Gymleco follows the ISO-9001 insurance system.

We offer a unique warranty that clearly defines coverage for various equipment parts. All of our spare parts are kept ready and available for quick delivery. A lifetime warranty is provided on all steel frames and weldings, large bearings, weight stack, engraving, shock absorbing discs in weight stack, weight stack bars, bar hangers and cam shaft. The lifetime warranty includes fabrication and material errors.

A 10 year warranty is provided on Powerband (only 300-Series), the band stretching system, bearings and band wheels, the seat adjustment system and all setting possibilities. Warranty is also provided on fabrication and material errors.

One year warranty on pads and one year warranty on the Powerband (200-Series).

## ISO-9001 Quality Insurance System

At Gymleco we work in accordance with the ISO Quality Insurance System in order to maintain control and improve all production simultaneously as changes are implemented. This coordination allows the manufacturing process to be more efficient and delivers a better product to customers.

The goals of ISO-9001 are as follows: superior quality, accurate delivery, best price, quick production and service. All Gymleco products are produced in-house which allows us to maintain the production and quality.

We take pride in all of our products as we strive to provide the finest gym equipment on the market.



# 010 -series:

## **Plate Loaded machines**

Plate Loaded machines are gym machines where you load the resistance with weight plates. Gymleco's Plate Loaded machines are low-maintenance and have a small footprint. This means that you will optimize your surface and have space for more machines on the floor.

The machines have a well-thought out design with the correct movement path. With minimal settings, it makes them easy to use, both for beginners and athletes. Thanks to this and the high quality materials, you will have gym machines that withstand heavy training year after year without parts breaking.

The levers are individually linked which results in better coordination between the right and left side, which quickly increases muscle balance. According to extensive studies, this is the safest and most efficient training.

The machines comes as standard in black frame color with black or red cushions. Do you wish for another color for your machines? Contact your nearest sales office or local distributor to customize your machines.





Adjustable chest

*Designed with a natural biomechanical movement in focus, which leads to more efficient use of weights – about 85% of the loaded weight are in the handles.*

D.Y. Row Plate Loaded



Iso Lateral Seated Row  
**Art.nr: 010**

Length: 150 cm  
Width: 71 cm  
Height: 120 cm

Weight: 68,5 kg



Iso Lateral Pulldown  
**Art.nr: 011**

Length: 156 cm  
Width: 104 cm  
Height: 199 cm

Weight: 136 kg



Iso Lateral Low Row  
**Art.nr: 012**

Length: 120 cm  
Width: 112 cm  
Height: 174 cm

Weight: 112 kg



Iso Lateral High Row  
**Art.nr: 013**

Length: 160 cm  
Width: 110 cm  
Height: 198 cm

Weight: 152 kg



D.Y. Row  
**Art.nr: 017**

Length: 135 cm  
Width: 147 cm  
Height: 174 cm

Weight: 144 kg



Lateral Incline Bench Press  
**Art.nr: 020**

Length: 110 cm  
Width: 113 cm  
Height: 177 cm

Weight: 115 kg





Seated Chest Press  
**Art.nr: 021**

Length: 176 cm  
Width: 114 cm  
Height: 140 cm

Weight: 101 kg



Iso Lateral Bench Press,  
Horizontal  
**Art.nr: 022**

Length: 163 cm  
Width: 133 cm  
Height: 114 cm

Weight: 92,5 kg



Incline Pec Fly  
**Art.nr: 023**

Length: 160 cm  
Width: 165 cm  
Height: 90 cm

Weight: 100 kg



Decline Chest Press  
**Art.nr: 027**

Length: 120-133 cm  
Width: 144 cm  
Height: 158 cm

Weight: 120 kg



Standing Chest Press  
**Art.nr: 028**

Length: 152 cm  
Width: 100 cm  
Height: 163 cm

Weight: 135 kg




Incline Press / Chest  
Flyes **NEW!**  
**Art.nr: 029**

Length: 100 cm  
Width: 127 cm  
Height: 170 cm

Weight: 120 kg



A man with a beard, wearing a black t-shirt, black shorts, white socks, and blue sneakers, is seated on an incline press machine. He is holding the handles of the machine with both hands, performing a chest fly exercise. The machine is black with silver accents and has a 10KG weight plate attached. The background shows a modern gym with large windows and other exercise equipment.

*Two handles for incline bench press and chest flyes*

*Adjustable back support*

*Adjustable seat*

**NEW! 029 Incline Press / Chest Flyes**



Shoulder Press  
**Art.nr: 030**

Length: 130 cm  
Width: 114 cm  
Height: 149 cm

Weight: 111 kg



Shoulder Rotation  
**Art.nr: 031**

Length: 105 cm  
Width: 114 cm  
Height: 135 cm

Weight: 95,5 kg



Upright Row  
**Art.nr: 032**

Length: 120 cm  
Width: 140 cm  
Height: 94 cm

Weight: 79,2 kg



Viking Press  
**Art.nr: 038**

Length: 121 cm  
Width: 98 cm  
Height: 154 cm

Weight: 125 kg  
Start weight handles: 21 kg



Leg Extension  
**Art.nr: 040**

Length: 92 cm  
Width: 120 cm  
Height: 130 cm

Weight: 79 kg



Seated Leg Curl  
**Art.nr: 041**

Length: 125 cm  
Width: 100 cm  
Height: 110 cm

Weight: 95,5 kg





Standing Leg Curl  
**Art.nr: 042**

Length: 96 cm  
Width: 117 cm  
Height: 123 cm

Weight: 83,5 kg



Leg Press  
**Art.nr: 043**

Length: 226 cm  
Width: 120 cm  
Height: 138 cm

Weight: 130 kg



V-Squat  
**Art.nr: 044**

Length: 171 cm  
Width: 87 cm  
Height: 191 cm

Weight: 115 kg



Pendulum Squat  
**Art.nr: 045**

Length: 195 cm  
Width: 108 cm  
Height: 161 cm

Weight: 150 kg



Donkey Raise  
**Art.nr: 046**

Length: 120 cm  
Width: 60 cm  
Height: 150 cm

Weight: 65 kg



Tibia Dorsi Flexion  
**Art.nr: 047**

Length: 102 cm  
Width: 60 cm  
Height: 51 cm

Weight: 35,5 kg



Biceps curl machine  
**Art.nr: 050**

Length: 104 cm  
Width: 120 cm  
Height: 103 cm

Weight: 91 kg



Iso Lateral Triceps  
**Art.nr: 051**

Length: 124 cm  
Width: 102 cm  
Height: 136 cm

Weight: 96 kg



Dip Press  
**Art.nr: 055**

Length: 190 cm  
Width: 70 cm  
Height: 90 cm

Weight: 84 kg



Gluteus, One Leg kick  
**Art.nr: 060**

Length: 126 cm  
Width: 119 cm  
Height: 133 cm

Weight: 112,5 kg



Reverse Hyper  
**Art.nr: 061**

Length: 116 cm  
Width: 140 cm  
Height: 144 cm

Weight: 87,5 kg



Standing Abductor  
**Art.nr: 062**

Length: 136,5 cm  
Width: 54 cm  
Height: 141,5cm

Weight: 90 kg





Reverse Hyper Pendulum  
**Art.nr: 063**

Length: 137 cm  
Width: 133,5 cm  
Height: 111 cm

Weight: 90 kg



Hip Thrust machine  
**Art.nr: 066**

Length: 160 cm  
Width: 96 cm  
Height: 124 cm

Weight: 109 kg



Belt Squat machine  
**Art.nr: 082**

Length: 170 cm  
Width: 116 cm  
Height: 112 cm

Weight: 90 kg



Deadlift / Squat  
**Art.nr: 083**

Length: 140 cm  
Width: 129,5 cm  
Height: 82 cm

Weight: 96 kg  
Start weight: 23 kg



Seated Abdominal  
**Art.nr: 070**

Length: 83 cm  
Width: 114 cm  
Height: 168 cm

Weight: 72 kg



Ab Roll up  
**Art.nr: 072**

Length: 100 cm  
Width: 96 cm  
Height: 140 cm

Weight: 72,5 kg



*Correct movement path  
with smooth feeling.  
Foot plates tilted upwards  
for more effective glutes  
training.*

*Compact, open design. Safe  
and easy to get in and out of.*

Standing Abductor Plate Loaded





Our popular 243 Leg Press 45° at FIBO Germany 2023





## Leg Press 45°

**Art.nr: 243**

This leg machine has a tasteful design, stable construction and is space efficient. The large footplate and the ergonomically designed seat provides great freedom in the exercise. An additional central handle facilitates the access to the machine.

The trolley weighs 56kg (at a 45 degree inclination in the machine, 39.5 kg of that weight comes to the feet).

Length: 218 cm

Width: 78 cm

Height: 142 cm

Weight: 161,5 kg



## Hack Lift

**Art.nr: 244**

This hacklift machine provides you a tasteful design and an open construction without compromising on function or stability. You both save space at the gym and have a great, safe machine for the users.

The trolley weighs 47,4kg (at a 45 degree inclination in the machine, 33.5 kg of that weight comes to the feet)

Length: 195 cm

Width: 80 cm

Height: 145 cm

Weight: 137,5 kg



## Leg Press/Hack Lift

**Art.nr: 245**

This Leg Press / Hacklift is probably the only combination machine in the world where you can switch exercise with only one setting and no loose parts. This combined leg machine has a small footprint and smart design. For example the weight plates are loaded in the centre of the machine instead of the outside.

Length: 230 cm

Width: 81 cm

Height: 145 cm

Weight: 180 kg



# 100-series:

## **Basic gym equipment**

Are you looking for gym equipment that actually lasts? Then you've come to the right place! Gymleco's basic equipment are made of high commercial quality and are therefore suitable for all professional gyms looking for better, durable products.

This 100-series consists of user-friendly gym equipment that suits a wide range of gyms. In this section you'll find gym benches, bench presses, racks and a few more plate loaded gym machines. Our gym equipment are made for heavy use and have been tested and proven for over 30 years. If you are looking for more gym equipment (such as dumbbells, barbells, weights etc.), please take a look in our catalog for gym accessories.

All gym equipment comes as standard with black frame color and black or red cushions. Do you want other color for your machines and equipment? Contact your nearest sales office or local distributor to customize your gym equipment.





118 Seal Row Bench, Open Model





Sissy Squat  
**Art.nr: 144**

Length: 77 cm  
Width: 64 cm  
Height: 57 cm

Weight: 27,5 kg



Seal Row Bench  
**Art.nr: 117**

Length: 147 cm  
Width: 122,5 cm  
Height: 91 cm

Weight: 55 kg

*The barbell is not included.*



Seal Row Bench  
Open Model  
**Art.nr: 118**

Length: 112 cm  
Width: 125 cm  
Height: 90 cm

Weight: 50 kg



T-bar Row  
**Art.nr: 115**

Length: 206 cm  
Width: 86 cm  
Height: 47 cm

Weight: 59,5 kg



Incline T-bar row  
**Art.nr: 116**

Length: 219 cm  
Width: 92 cm  
Height: 109 cm

Weight: 69 kg



Seated Calf Press  
**Art.nr: 145**

Length: 140 cm  
Width: 60 cm  
Height: 85 cm

Weight: 54,5 kg



Back Raise, Adjustable  
45-90 degrees  
**Art.nr: 162**

Length: 102 cm  
Width: 60 cm  
Height: 117 cm  
Weight: 41,5 kg



Back Raise 45 degrees  
**Art.nr: 162F45**

Length: 102 cm  
Width: 60 cm  
Height: 117 cm  
Weight: 38 kg



Back Raise 90 degrees  
**Art.nr: 162F90**

Length: 102 cm  
Width: 60 cm  
Height: 104 cm  
Weight: 36,5 kg



Calf Raise Block  
**Art.nr: 146**

Length: 51 cm  
Width: 30 cm  
Height: 12 cm  
Weight: 6,5 kg



Knee standing Back Raise  
**Art.nr: 163**

Length: 105 cm  
Width: 59 cm  
Height: 79 cm  
Weight: 38 kg



Glute Ham Raise  
**Art.nr: 141**

Length: 110 cm  
Width: 60 cm  
Height: 90 cm  
Weight: 51 kg





Bench Press and Squat Rack  
**Art.nr: 142**

Length: 60  
Width: 45-125 cm  
Height: 79,5 - 162,5 cm

Weight: 31 kg



Squat Rack  
**Art.nr: 148**

Length: 162 cm  
Width: 100 cm  
Height: 186 cm

Weight: 65 kg



Power Rack  
**Art.nr: 149**

Length: 90 cm  
Width: 122 cm  
Height: 205 cm

Weight: 76,5 kg



Lifting Rack for Decline Bench  
**Art.nr: 154**

Length: 125 cm  
Width: 170 cm  
Height: 110 cm

Weight: 52,5 kg



Dip Press stand  
**Art.nr: 155**

Length: 80 cm  
Width: 80 cm  
Height: 140 cm

Weight: 37 kg



Curl Bar Rack  
**Art.nr: 150**

Length: 70 cm  
Width: 95 cm  
Height: 86,5 cm

Weight: 22 kg



Seated Scott Curl Bench  
**Art.nr: 151**

Length: 101 cm  
Width: 70 cm  
Height: 95 cm

Weight: 35,5 kg



Standing Scott Curl Bench  
**Art.nr: 152**

Length: 63 cm  
Width: 53 cm  
Height: 92 cm

Weight: 26 kg



Hip Thrust bench  
**Art.nr: 166**

Length: 150 cm  
Width: 73 cm  
Height: 50 cm

Weight: 43,5 kg



Glute Bridge  
**Art.nr: 167**

Length: 135 cm  
Width: 105 cm  
Height: 47 cm

Weight: 50 kg





Roman Chair  
**Art.nr: 170**

Length: 102 cm  
Width: 58 cm  
Height: 57 cm

Weight: 21 kg



Leglift with Dip Bar  
**Art.nr: 173**

Length: 70 cm  
Width: 91 cm  
Height: 143 cm

Weight: 68 kg



Leglift with Chins and Dips  
**Art.nr: 179**

Length: 70 cm  
Width: 91 cm  
Height: 227 cm

Weight: 78 kg



179 Leglift with Chins and Dips





Bench Press Stand with Adjustable Bar Holder  
**Art.nr: 122R**

Length: 125 cm  
Width: 124 cm  
Height: 104 cm

Weight: 46 kg



Bench Press with Safety Bar Support  
**Art.nr: 122RS**

Length: 125 cm  
Width: 124 cm  
Height: 104 cm

Weight: 46 kg



Bench Press with Fixed Bar Holder  
**Art.nr: 122F**

Length: 123 cm  
Width: 123 cm  
Height: 124 cm

Weight: 53 kg



Incline Bench Press  
**Art.nr: 120**

Length: 125 cm  
Width: 150 cm  
Height: 124 cm

Weight: 61 kg



Abdominal Bench Plus  
**Art.nr: 171**

Length: 102 cm  
Width: 58 cm  
Height: 105 cm

Weight: 22 kg



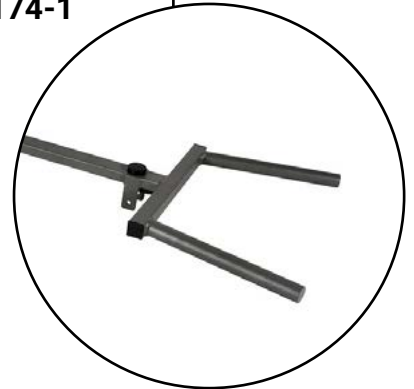
Brutal Bench  
**Art.nr: 174**

Length: 75 cm  
Width: 50 cm  
Height: 160 cm

Weight: 24 kg

*Add Dip rack for Brutal Bench*

**Art.nr: 174-1**



Chin Rack for Cable Cross  
**Art.nr: 110K**

Length: 140 cm  
Width: 18 cm

Weight: 6,5 kg



Wallmounted Pull-up Rack  
**Art.nr: 110V**

Length: 145 cm  
Width: 61,5 cm  
Height: 42 cm

Weight: 9,5 kg



Standing Chins Rack  
**Art.nr: 111**

Length: 123 cm  
Width: 145 cm  
Height: 237,5 cm

Weight: 73,5 kg





Fixed Bench 70°  
**Art.nr: 153**

Length: 76 cm  
Width: 40 cm  
Height: 90 cm

Weight: 19 kg



Adjustable Gym Bench  
**Art.nr: 190**

Length: 125 cm  
Width: 45 cm  
Height: 43,5 cm

Weight: 25,5 kg



*Split backrest  
maximizes exercises  
such as dumbbell flyes*



Fixed Flat Bench  
**Art.nr: 191**

Length: 123 cm  
Width: 45 cm  
Height: 38 cm

Weight: 24,5 kg



Adjustable Flat Bench  
**Art.nr: 192**

Length: 122 cm  
Width: 35,5 cm  
Height: 39,5-55 cm

Weight: 16 kg



Fixed Dumbbell  
Exercise Bench  
**Art.nr: 191V**

Length: 110,7 cm  
Width: 52,4 cm  
Height: 43 cm

Weight: 35 kg



Adjustable Decline  
Bench  
**Art.nr: 193**

Length: 133 cm  
Width: 45 cm  
Height: 42 - 115 cm

Weight: 31,5 kg



Adjustable Decline  
Bench Curved  
**Art.nr: 193S**

Length: 133 cm  
Width: 45 cm  
Height: 42 - 115 cm

Weight: 33 kg



Adjustable Dumbbell  
Exercise Bench  
**Art.nr: 193V**

Length: 130 cm  
Width: 53 cm  
Height: 27-115 cm

Weight: 35 kg



Fixed Decline Bench  
**Art.nr: 194**

Length: 148 cm  
Width: 60 cm  
Height: 60 cm

Weight: 27,5 kg



Adjustable Decline Bench  
**Art.nr: 194R**

Length: 148 cm  
Width: 60 cm  
Height: 60 cm

Weight: 27,5 kg



# 200 -series:

## Cable machines and multi gyms

The 200-series consists of Gymlecos cable machines and multi gyms. These are engineered to provide optimal function and to save space with their small footprint. Our cable machines are designed for a smoother user experience which provides less resistance and better feeling. All machines are designed to be modern and reliable with innovative details.

What's unique with Gymlecos design? One of them are that we use Powerband™ instead of wires. Powerband never needs to be adjusted. This because it does not stretch in the same way as wires. Additionally, the Powerband™ gives you a smoother and nice movement compared to other cable machines.

If desired, all the machines can be ordered with bigger weight stacks customized for user needs. All our machines comes as standard in black frame color and black or red cushions. Do you want to customize the color for your machines? Contact your nearest sales office or local distributor.









Seated Row  
**Art.nr: 210**

Length: 235 cm  
Width: 67 cm  
Height: 215 cm

Weight: 173,5 kg  
Weight Stack: 100 kg



Lateral Pulldown  
**Art.nr: 211**

Length: 124 cm  
Width: 52 cm  
Height: 226 cm

Weight: 168,5 kg  
Weight Stack: 100 kg



Lateral Pulldown Rehab  
**Art.nr: 211R**

Length: 124 cm  
Width: 52 cm  
Height: 226 cm

Weight: 168,5 kg  
Weight Stack: 100 kg

Pulldown position



Row position



Lateral Pulldown/Seated Row  
**Art.nr: 214**

Length: 112 cm  
Width: 141 - 212 cm  
Height: 223 cm

Weight: 168,5kg  
Weight Stack: 100 kg



Four Station Multi Gym  
**Art.nr: 215**

Length: 323 cm  
Width: 53 cm  
Height: 235,5 cm

Weight N.W: 605 kg

*Cable Cross: 80 kg  
Row: 120 kg  
Pulldown: 120 kg  
Triceps: 60 kg*



*And with one of the market's nicest  
nickel-plated weight magazines, the machine  
becomes an eye-catching detail in the gym and  
enhances the overall look of the gym.*





Multi gym /4 Station With Cable Cross  
**Art.nr: 215K**

Length: 410 cm  
Width: 323 cm  
Height: 235,5 cm

Weight N.W: 762 kg

*Cable Cross: 80 kg x 2*  
*Row: 120 kg*  
*Pulldown: 120 kg*  
*Triceps: 60 kg*



Multigym /8 Station With Cable Cross  
**Art.nr: 215DK**

Length: 490 cm  
Width: 323 cm  
Height: 235,5 cm

Weight N.W: 1347 kg

*Cable Cross: 80 kg x 2*  
*Row: 120 kg x 2*  
*Pulldown: 120 kg x 2*  
*Triceps: 60 kg x 2*



Cable Crossover Multigym  
**Art.nr: 225**

Length: 308 cm  
Width: 58 cm  
Height: 225 cm

Weight: 298 kg  
Weight Stack: 80 kg x 2



Half of a Cable Cross  
**Art.nr: 225B**

Length: 48 cm  
Width: 58 cm  
Height: 225 cm

Weight: 142 kg  
Weight Stack: 80 kg



Dual Adjustable Pulley  
**Art.nr: 226**

Length: 151 cm  
Width: 77 cm  
Height: 228 cm

Weight: 279 kg  
Weight Stack: 80 kg x 2



Triceps Pushdown  
**Art.nr: 251**

Length: 110 cm  
Width: 70 cm  
Height: 223 cm

Weight: 126,5 kg  
Weight Stack: 60 kg



Biceps Curl /Triceps Extension  
**Art.nr: 255**

Length: 192 cm  
Width: 60 cm  
Height: 180 cm

Weight: 145 kg  
Weight Stack: 60 kg



Smith Machine  
**Art.nr: 280**

Length: 195 cm  
Width: 90 cm  
Height: 207 cm

Weight: 113 kg

Bar weight only 16,5kg



Smith Machine  
with counterweight  
**Art.nr: 281**

Length: 207 cm  
Width: 90 cm  
Height: 208 cm

Weight: 115 kg



Multi Smith Machine  
**Art.nr: 285**

Length: 207 cm  
Width: 149 cm  
Height: 220 cm

Weight: 145 kg



# 300 -series:

## Selectorized machines

The 300-series consists of selectorized gym machines that have a built-in weight stack. These machines are designed specifically for those who want the **absolute best of the best**. Each piece is engineered for reliable performance.

At Gymleco our top priority is always function. You have the unique details such as the PowerBand™ that never needs to be adjusted. The weight stacks are unique in its design and will become an eye-catching detail in the gym.

All machines are designed and constructed of the highest quality materials built to withstand years of heavy strength training. You have the timeless design together with the small footprint. The simple, ergonomic yet biomechanically correct movement makes them suitable for all users.

Some of our 300 series machines have an R after the art. number, which means that the start angle is adjustable for rehabilitation use.

If desired, all of our machines can be ordered with bigger weight stack customized for the users needs. All our gym machines comes as standard in black frame color and black or red cushions. Do you want any other color for your gym? Contact the nearest sales office or local distributor.









Seated Row  
**Art.nr: 310**

Length: 151 cm  
Width: 63 cm  
Height: 165 cm

Weight: 227 kg  
Weight Stack: 100 kg



Iso Lateral Pulldown  
**Art.nr: 311**

Length: 126 cm  
Width: 95 cm  
Height: 186 cm

Weight: 211 kg  
Weight Stack: 100 kg



Iso Lateral Low Row  
**Art.nr: 312**

Length: 121 cm  
Width: 81 cm  
Height: 166 cm

Weight: 206 kg  
Weight Stack: 100 kg



Chins /Dips  
**Art.nr: 314**

Length: 126 cm  
Width: 120 cm  
Height: 200 cm

Weight: 236 kg  
Weight Stack: 100 kg



Incline Chest Press  
**Art.nr: 320**

Length: 156 cm  
Width: 122 cm  
Height: 173 cm

Weight: 218 kg  
Weight Stack: 100 kg



Seated Chest Press  
**Art.nr: 321**

Length: 139 cm  
Width: 137 cm  
Height: 149 cm

Weight: 224 kg  
Weight Stack: 100 kg



311 Iso Lateral Pulldown





Seated Pec Deck  
**Art.nr: 323**

Length: 146 cm  
Width: 171 cm  
Height: 150 cm

Weight: 198,5 kg  
Weight Stack: 100 kg



Pullover  
**Art.nr: 324**

Length: 143 cm  
Width: 89 cm  
Height: 172 cm

Weight: 190 kg  
Weight Stack: 100 kg



Standing Pec Fly  
**Art.nr: 326**

Length: 116 cm  
Width: 148 cm (handles widest point)  
Height: 178 cm

Weight: 200 kg  
Weight Stack: 100 kg



Shoulder Press  
**Art.nr: 330**

Length: 155 cm  
Width: 125 cm  
Height: 165 cm

Weight: 234 kg  
Weight Stack: 100 kg



Shoulder Rotation  
**Art.nr: 331**

Length: 87 cm  
Width: 75 cm  
Height: 135 cm

Weight: 168 kg  
Weight Stack: 80 kg



Rear Deltoid Shoulder  
**Art.nr: 333**

Length: 147 cm  
Width: 70 - 174 cm  
Height: 149 cm

Weight: 224 kg  
Weight Stack: 60 kg



Standing Side Lateral  
**Art.nr: 334**

Length: 116 cm  
Width: 82 cm  
Height: 160 cm

Weight: 190 kg  
Weight Stack: 80 kg



Rear Deltoid/Pec Deck  
**Art.nr: 335**

Length: 147 cm  
Width: 70 - 174 cm  
Height: 149 cm

Weight: 224 kg  
Weight Stack: 100 kg



Shoulder Front Press  
**Art.nr: 336**

Length: 120 cm  
Width: 110 cm  
Height: 165 cm

Weight: 240 kg  
Weight Stack: 100 kg



Leg Extension  
**Art.nr: 340**

Length: 95 cm  
Width: 99 cm  
Height: 162 cm

Weight: 202 kg  
Weight Stack: 100 kg



Leg Extension Adjustable  
**Art.nr: 340R**

Length: 95 cm  
Width: 99 cm  
Height: 162 cm

Weight: 213 kg  
Weight Stack: 100 kg



Seated Leg Curl  
**Art.nr: 341**

Length: 135 cm  
Width: 95 cm  
Height: 149 cm

Weight: 163,5 kg  
Weight Stack: 80 kg





Lying Leg Curl  
**Art.nr: 342**

Length: 170 cm  
Width: 97 cm  
Height: 149 cm

Weight: 173,5 kg  
Weight Stack: 80 kg



Lying Leg Curl, Adjustable  
**Art.nr: 342R**

Length: 170 cm  
Width: 97 cm  
Height: 149 cm

Weight: 182,5 kg  
Weight Stack: 80 kg



Seated Leg Press  
**Art.nr: 343**

Length: 221 cm  
Width: 116 cm  
Height: 162 cm

Weight: 316 kg  
Weight Stack: 150 kg



Seated Calf Press  
**Art.nr: 345**

Length: 120 cm  
Width: 60 cm  
Height: 140 cm

Weight: 203 kg  
Weight Stack: 120 kg



Standing Calf Press  
**Art.nr: 347**

Length: 130 cm  
Width: 60 cm  
Height: 180 cm

Weight: 247 kg  
Weight Stack: 150 kg



Seated Calf Press 45°  
**Art.nr: 348**

Length: 140 cm  
Width: 100 cm  
Height: 142 cm

Weight: 255 kg  
Weight Stack: 150 kg



Leg Extension /Leg Curl  
**Art.nr: 349**

Length: 115 cm  
Width: 99 cm  
Height: 163 cm

Weight: 224 kg  
Weight Stack: 100 kg



Biceps Curl machine  
**Art.nr: 350**

Length: 100 cm  
Width: 95 cm  
Height: 153 cm

Weight: 153 kg  
Weight Stack: 60 kg



Triceps Extension  
**Art.nr: 351**

Length: 136 cm  
Width: 67,5 cm  
Height: 134 cm

Weight: 182 kg  
Weight Stack: 100 kg



Dips Press /Shoulder Pull  
**Art.nr: 354**

Length: 174 cm  
Width: 85 cm  
Height: 136 cm

Weight: 235 kg  
Weight Stack: 100 kg



Biceps /Triceps  
**Art.nr: 355**

Length: 129 cm  
Width: 84 cm  
Height: 149 cm

Weight: 170 kg  
Weight Stack: 60 kg

*All selectorized machines have instruction signs*







3 exercises in one machine!



Forearm machine, 3 exercises  
**Art.nr: 356**

Length: 61 cm  
Width: 75 cm  
Height: 136 cm

Weight: 147,5 kg  
Weight Stack: 80 kg



Forearm Curl  
**Art.nr: 357**

Length: 93 cm  
Width: 78 cm  
Height: 103 cm

Weight: 152 kg  
Weight Stack: 80 kg



Gluteus, One Leg kick  
**Art.nr: 360**

Length: 86 cm  
Width: 75 cm  
Height: 136 cm

Weight: 187 kg  
Weight Stack: 100 kg



Standing Abductor  
**Art.nr: 362**

Length: 110 cm  
Width: 65 cm  
Height: 142 cm

Weight: 210 kg  
Weight Stack: 100 kg



Adductor/Abductor  
**Art.nr: 364**

Length: 130 cm  
Width: 86 cm  
Height: 137 cm

Weight: 192 kg  
Weight Stack: 80 kg



Lumbar/Abdominal  
**Art.nr: 365A**

Length: 100 cm  
Width: 90 cm  
Height: 160 cm

Weight: 225 kg  
Weight Stack: 100 kg



Lumbar/Abdominal  
(with armrest)  
**Art.nr: 365B**

Length: 100 cm  
Width: 90 cm  
Height: 160 cm

Weight: 230 kg  
Weight Stack: 100 kg



Multihip  
**Art.nr: 369**

Length: 115 cm  
Width: 110 cm  
Height: 160 cm

Weight: 177 kg  
Weight Stack: 60 kg



Seated Abs machine  
**Art.nr: 370**

Length: 170 cm  
Width: 101 cm  
Height: 104 cm

Weight: 176 kg  
Weight Stack: 60 kg



Torso Rotation  
**Art.nr: 375**

Length: 120 cm  
Width: 75 cm  
Height: 139 cm

Weight: 155 kg  
Weight Stack: 60 kg



Kneestanding Abdominal  
**Art.nr: 376**

Length: 95 cm  
Width: 65 cm  
Height: 125 cm

Weight: 146,5 kg  
Weight Stack: 60 kg



# 900 -series:

## **Circuit training machines**

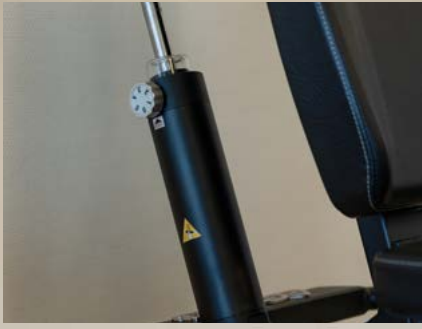
Gymleco has the best commercial circuit machines for all kind of fitness centers, corporate offices and rehab centers.

We have developed and designed the circuit training series with ten double acting hydraulic machines for all muscle groups so that you can train your full body quickly and efficiently. Whether you want to add a couple of machines or are building an full on circuit gym, these Gymleco machines are the correct choice for you.

The machines are designed with hydraulic resistance and are very easy to understand and use for everyone, regardless of your training level or age. You will find atleast one machine per muscle group. The machines usually have two exercises in one.

Circuit training have been very popular in gyms for a long time. Many gyms place the machines in a circle and offer group class with circuit training. In this way, you get training for the whole body in one session. The machines are also well suited for rehabilitation training.

All the machines comes as standard in black frame color and black or red cushions. Do you want any other color for your machines? Contact your nearest sales office or local distributor.







Pulldown / Shoulder Press  
**Art.nr: 911**

Length: 113 cm  
Width: 69 cm  
Height: 115 cm  
Weight: 45 kg



Chest Press / Back  
**Art.nr: 921**

Length: 101 cm  
Width: 76 cm  
Height: 124 cm  
Weight: 43 kg



Pec Dec/ Rear Deltoid  
Shoulder  
**Art.nr: 935**

Length: 100 cm  
Width: 125 cm  
Height: 112 cm  
Weight: 50 kg



Squat / Hacklift  
**Art.nr: 944**

Length: 173 cm  
Width: 86 cm  
Height: 107 cm  
Weight: 67 kg



Leg Extension / Legcurl  
**Art.nr: 949**

Length: 105 cm  
Width: 77 cm  
Height: 117 cm  
Weight: 63 kg



Shoulder Lift / Dips  
**Art.nr: 954**

Length: 100 cm  
Width: 69 cm  
Height: 112 cm  
Weight: 45 kg



Biceps / Triceps  
**Art.nr: 955**

Length: 100 cm  
Width: 76 cm  
Height: 125 cm  
Weight: 45 kg



Adductor / Abductor  
**Art.nr: 964**

Length: 133 cm  
Width: 74 cm  
Height: 112 cm  
Weight: 56 kg



Abs / Lower Back  
**Art.nr: 965**

Length: 100 cm  
Width: 83 cm  
Height: 135 cm  
Weight: 46 kg



Waist Rotator  
**Art.nr: 975**

Length: 89 cm  
Width: 66 cm  
Height: 104 cm  
Weight: 38 kg



*Choose between red or black cushions.*



# Gymleco Worldwide

Find your local sales office here.

*If you don't find a sales office in your country, you can contact the head office.  
We sell and ship worldwide.*

## Europe

### **Sweden - The Head Office**

Fitness Trade Europe AB

*gymleco.se  
+46 8-500 052 08  
info@gymleco.se  
contact@gymleco.se*

### **Austria, Slovenia & Switzerland**

Bodyfit Handels KG

*gymleco.at  
gymleco.ch  
gymleco.si  
+43 5356 90990  
info@bodyfit-shop.at*

### **Belarus**

Salon of Fitness Equipment

*sst.by  
sstpro.by  
+375 (29) 147-33-45  
team@sst.by*

### **Benelux**

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+31642211166*

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+359 889 937 630  
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+356 999 44 924*

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*stephan@gymleco.de*  
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*+30 215 215 1618*  
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*strengthandfitness.ie*  
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*ornellaguerriero@libero.it*  
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*+39 393 05 53 476*  
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*gymsupplymalta.com*  
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*gymsport.no*  
*post@gymsport.no*  
*+47 40 00 16 18*  
*+47 92801200*

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*gymleco.pt*  
*geral@gymleco.pt*  
*+351 963 952 070*

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Mens Mentis Group

*fitness-shop.ro*  
*gymmakers.hu*  
*romeo@mensmentisgroup.com*  
*sales@mensmentisgroup.com*  
*+36 1 443 3333*  
*+40 359 444 443*

## **Serbia, Montenegro, Bosnia & Herzegovina**

Anima Fitness & Health Solutions

*anima-fitness-and-health.shop*  
*gymlecosrb@gmail.com*  
*+381606340080*

## **Slovakia**

CARDIO & FITNESS STUDIO

*gymleco.sk*  
*predaj@cardiofitness.sk*  
*+421 948 707220*

## **Spain**

Health Factory SL

*districtgym.es/gymleco-espana*  
*aniolmv@gmail.com*  
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## **United Kingdom**

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*gymleco.co.uk*  
*sales@a50fitness.co.uk*  
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## **Canada**

Pure Muscle + Athletics

*puremuscleathletics.com*  
*gymleco@puremuscleathletics.com*  
*+ 1 (647) 694-9205*

## **USA (Nationwide)**

Pure Muscle + Athletics

*puremuscleathletics.com*  
*gymleco@puremuscleathletics.com*  
*+ 1 (647) 694-9205*

## **USA (Miami, FL)**

Best Used Gym Equipment

*bestusedgymequipment.com*  
*gymleco@bestusedgymequipment.com*  
*+1 305-501-4614*

## **USA (East Coast)**

Elite Fitness Equipment

*elitefitnessusa.com*  
*Tyler.Elite247@gmail.com*  
*+1 434-610-3755*

## **Mexico**

ASP FITNESS SOLUTIONS

*ventas.aspfs@gmail.com*  
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## **Dominican Republic**

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*tf@laiprofitness.com*  
*+17865148175*



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*gymleco.com.br*  
*pedro@gymleco.com.br*  
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### **Iraq**

Land of Heroes Corporation

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### **India & Qatar**

New Extreme Sports Br

*extremesportstrading.com*  
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*+886 (02) 8789-3088*

**United Arab Emirates**

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EQUIPMENT TRADING LLC

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**New Zealand**

MUSCLE DEPT.

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*hello@muscledept.co.nz*  
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**Follow us on social media!**

Instagram, TikTok, Facebook, LinkedIn, YouTube:  
@gymleco







# Product catalog

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GYM ACCESSORIES, RACKS AND RIGS





"Our mission is to make, not only Sweden, but the world healthier, stronger and more sustainable."

**- Kari Jernvall**  
Founder and Product Designer



# Welcome!

Welcome to the Gymleco Family!

We are a Swedish, family owned company with a passion for health, strength, innovation and sustainability. Gymleco is today one of the biggest designers and producers of strength training equipment in Europe. With customers all over the world, we have grown to be one of the leading gym machine brands with our innovative design and biomechanical uniqueness.

We offer a complete line of strength training and exercise equipment, and are one of few in the Nordics producing our products by ourselves. We want our customers to see us as a total solution and a profitable investment.

Since 1994 Gymleco has focused on designing Swedish, unique and functional equipment with a long lifespan and without maintenance needs. At Gymleco we are truly passionate about fitness and hope that you want to join us in achieving our dream of a healthier world and a sustainable future.

## Why choose Gymleco?

- |                                  |   |
|----------------------------------|---|
| • Brand founded in 1994          | = <i>Perfect functionality thanks to years of experience.</i> |
| • Biomechanical Uniqueness       | = <i>We create what the users want and get results from.</i>  |
| • Innovative and Original Design | = <i>Own design, no copies!</i>                               |
| • NO maintenance                 | = <i>Avoid headaches from machines that break</i>             |
| • Quality materials              | = <i>Machines made for commercial use.</i>                    |
| • Small footprint                | = <i>Optimize your surface and fit more machines.</i>         |
| • Suitable for all users         | = <i>Easy to use and understand for everybody</i>             |
| • Ergonomically correct          | = <i>You will not get injured while training</i>              |
| • Affordable quality             | = <i>Fair prices from the start</i>                           |

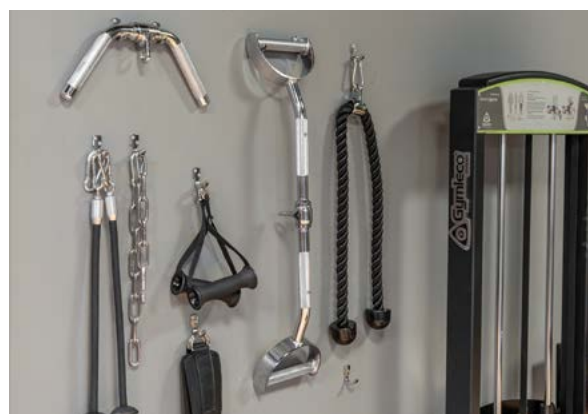
# Find what you are looking for



## **Gym Accessories**

Barbells, Weight Plates, Dumbbells

8-25



## **Gym Accessories**

Cable handles and small equipment

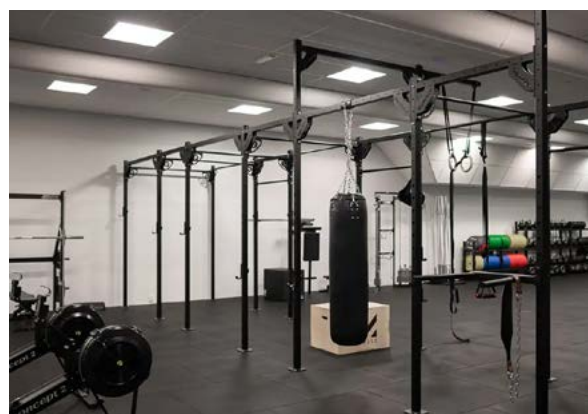
26-31



## **Gym Accessories**

Mats, Balls, Boxes etc.

32-39



## **Gym Accessories**

Storage, Racks and Rigs

40-59



## **Calisthenics / Strongman / Functional Fitness**

60-63



## **Gymleco Worldwide**

Distributors

64-68





# Accessories

Are you a gym owner looking for gym gear that actually lasts? Then you've come to the right place! Gymleco's gym equipment are made of the highest commercial quality and are therefore suitable for all professional gyms looking for better, durable products.

Gymleco's gym accessories includes a wide range of high quality products for professional gyms. In this catalog you will find everything from barbells and weight plates to storage, racks and rigs. We offer everything you need to have a complete gym.

We design and develop all our products to ensure every detail meets our requirements for design, material and durability. Keywords for our gym equipment is function, quality and sustainable. It's important that the product last heavy strength training for years.

If you're not sure which product you should choose for your gym, we will be more than happy to help you find the right one.

Read more about each product on our website:  
[www.gymleco.com](http://www.gymleco.com)



24<sup>inch</sup>



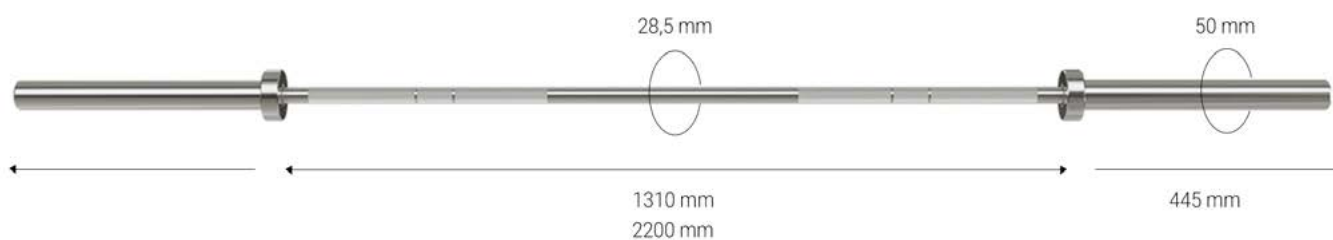
Open Deadlit Bar, 10 kg /+300 kg

**Art.nr: 408**



Olympic Barbell 20 kg /+315 kg

**Art.nr: 410**



Competition Powerlifting Bar, Black, 20 kg /+900 kg

**Art.nr: 411**



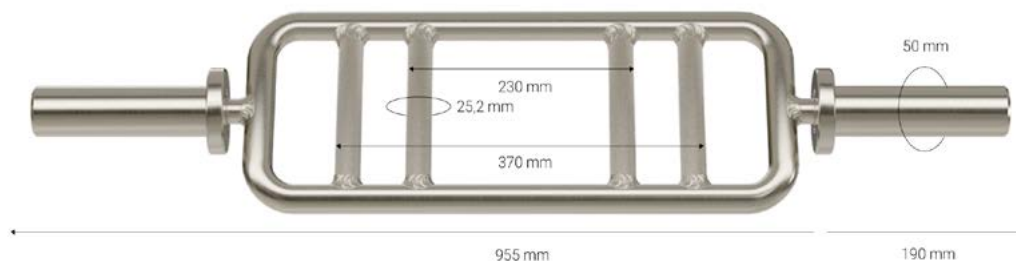
Compact Bar 200 cm, 17 kg /+320 kg

**Art.nr: 412**



Triceps Bar, Double Grip, 13,5 kg /+150 kg

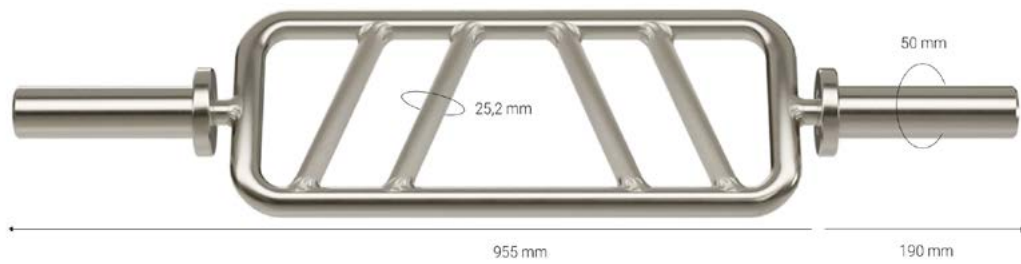
**Art.nr: 413**





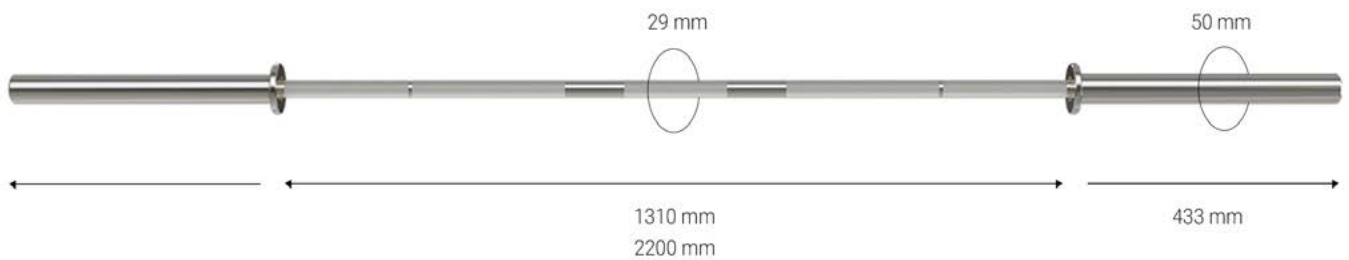
Triceps/Biceps Bar, Double V-Grip, 13,8 kg / +150 kg

**Art.nr: 413V**



Competition Powerlifting Bar, 20 kg /+900 kg

**Art.nr: 414**



Curl Bar, 10 kg /+180 kg

**Art.nr: 415**



Super Curl Bar, 10 kg /+180 kg

**Art.nr: 415S**



Precision Curl Bar 12 kg /+180 kg **NEW!**

**Art.nr: 415E**



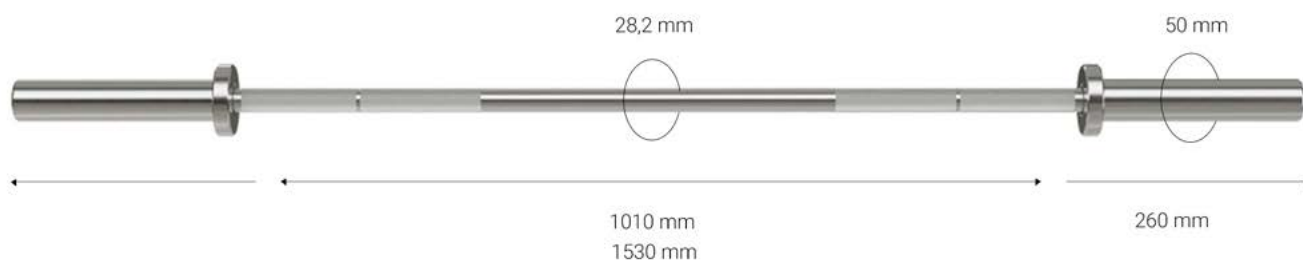
Supra Curl Bar 10,4 kg / +150 kg

**Art.nr: 415Q**



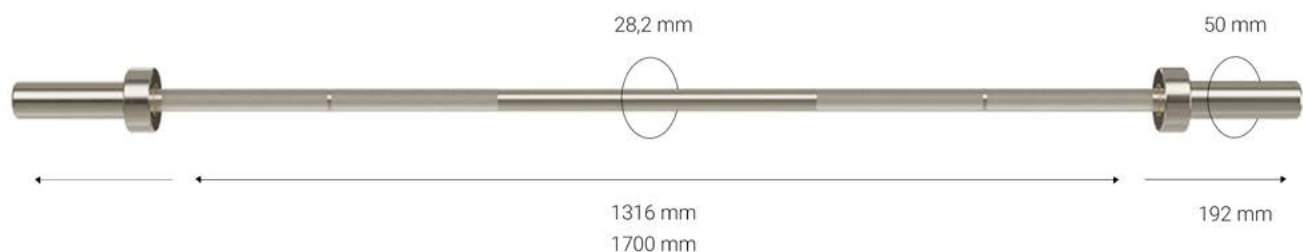
Short Gym Bar, 153 cm, 11 kg /+315 kg

**Art.nr: 416**



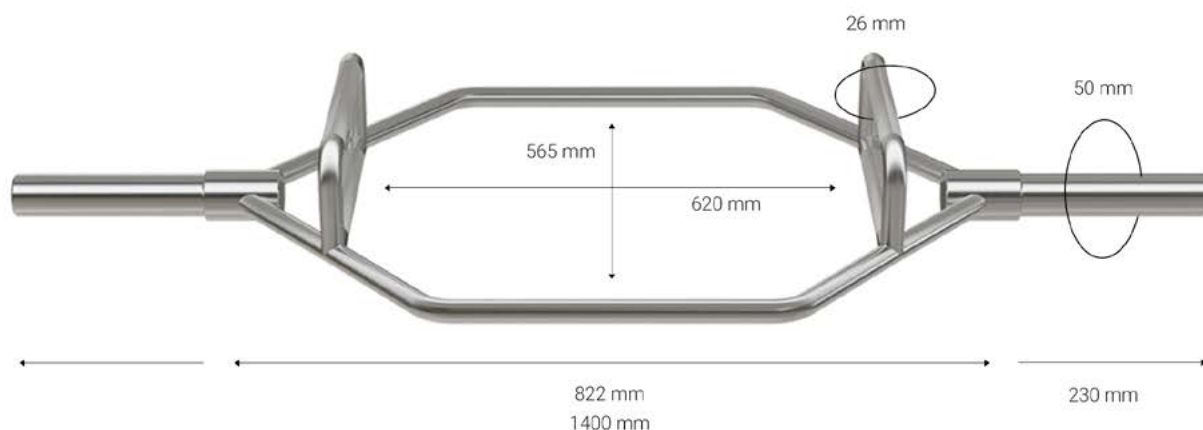
Compact Bar 170 cm, 12,5 kg /+180 kg

**Art.nr: 417**



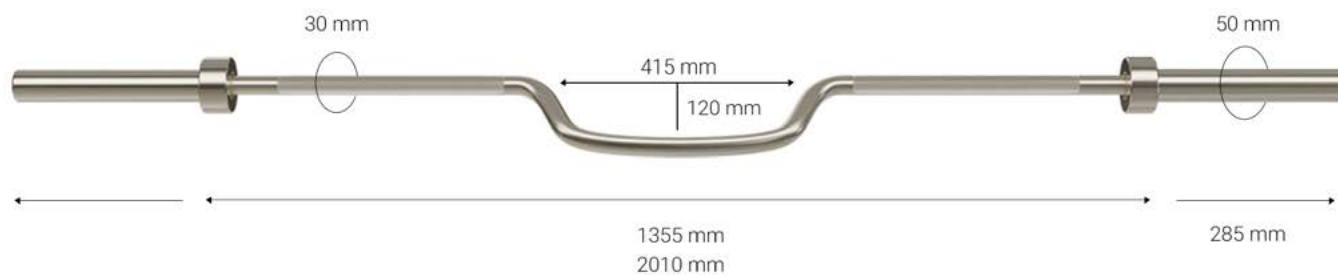
Hex Bar, 22,5 kg /+250 kg

**Art.nr: 418**



Curved Bar, 20 kg /+680 kg

**Art.nr: 419**



Weightlifting Bar, Men, 20 kg /+680 kg

**Art.nr: 810**



Competition Weightlifting Bar, Men, 20 kg /+900 kg

**Art.nr: 810C**



Weightlifting Bar, Men, Black, 20 kg /+680 kg

**Art.nr: 810CB**



Cerakote Weightlifting Bar, Men, Red, 20 kg /+800 kg

**Art.nr: 810CR**





Weightlifting Bar Women, 15 kg /+450 kg

**Art.nr: 812**



Competition Weightlifting Bar, Women, 15 kg /+600 kg

**Art.nr: 812C**



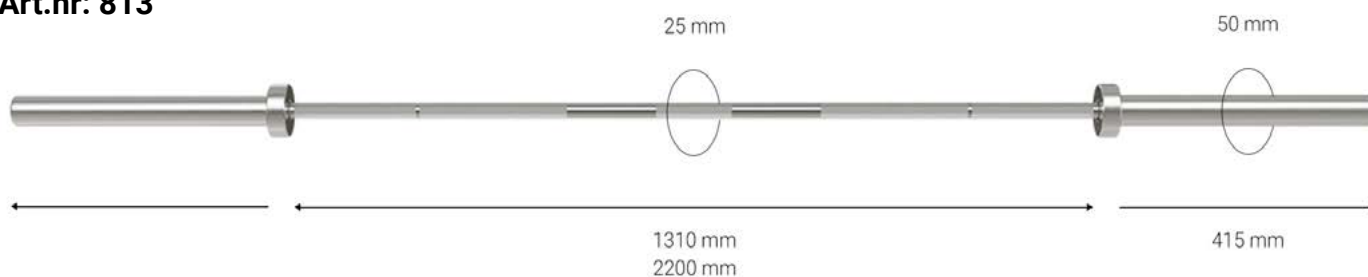
Cerakote Weightlifting Bar, Women, Red, 15 kg /+600 kg

**Art.nr: 812CR**



Technique Bar, 10 kg /+40 kg

**Art.nr: 813**



Bend Barbell, 20 kg /+400 kg

**Art.nr: 814**



Fat Bar, 8 kg /+300 kg

**Art.nr: 817**



Technique Bar, Premium, 10 kg /+450 kg

**Art.nr: 817T**



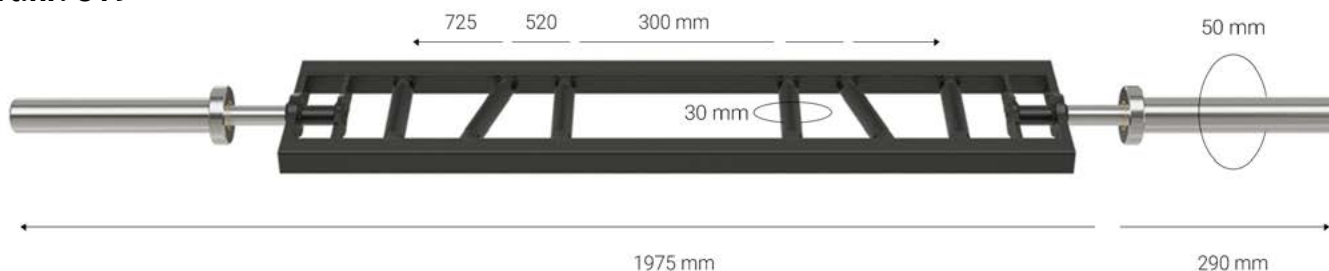
Safety Squat Bar, 30 kg /+400 kg

**Art.nr: 818**



Multi Grip Bar, 20 kg /+400 kg

**Art.nr: 819**



Curved Multi Grip Bar, 20 kg /+400 kg

**Art.nr: 819C**





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## Strongman Log Bar 32 kg

**Art.nr: 668**

Gymleco's Log Bar is designed with a neutral grip optimized to develop maximum strength by reducing strain on the shoulders. Log Bar used in press, lifting, benching and rowing exercises.

Length: 117,5 cm

Grip 30mm / 62cm c/c



## Strongman Log Bar 50 kg

**Art.nr: 669**

Log Bar 50 kg is a traditional equipment for Strongman training. It is a bar used in numerous training exercises such as bench press, military presses and back rows. The position of the handles is ideal to obtain a greater and comfortable balance.

Length: 177,5 cm

Grip 30mm / 51 cm / 69 cm c/c



## Fixed Barbells PU, straight or curved

**Art.nr: 825**

Gymleco's fixed barbells are designed in a classic, timeless design and are covered in polyurethane material. Polyurethane is similar to strong rubber and makes the barbells extremely durable. Choose between straight or curved model.

Perfect for all professional gyms!

**Available in sizes:**

**7,5 to 30 kg with a 2,5 kg weight increase in between  
and from 30 kg to 50 kg with a 5 kg weight increase  
in between.**





## Calibrated Steel Plates with handles

**Art.nr: 820**

Our Calibrated Weight Plates offer precision, durability, and performance for your strength training. Made from high-quality steel, these plates are built to withstand intense workouts while ensuring accurate weight distribution. The recessed text and color markings remain clear over time, enhancing their longevity.

Hole diameter 50mm

Available in sizes: | 0,5kg | 1kg | 1,25 | 2,5kg | 5kg | 10kg | 15kg | 20kg | 25kg



## Black Weight Plates in Rubber

**Art.nr: 824B**

Gymleco weight plates are made of commercial quality, with a diameter of 450 mm and a strong reinforced steel center in the middle. Perfectly suitable for the gymcenter, functional fitness box or the commercial homegym.

Hole diameter 50mm

Available in sizes: 5kg | 10kg | 15kg | 20kg | 25kg



## Colored Weight Plates in Rubber

**Art.nr: 824C**

Gymleco weight plates are made of commercial quality, with a diameter of 450 mm and a strong reinforced steel center in the middle. Perfectly suitable for the gymcenter, functional fitness box or the commercial homegym.

Hole diameter 50mm

Available in sizes: 5kg | 10kg | 15kg | 20kg | 25kg



## Bumper Plates

**Art.nr: 824H**

Gymleco's Training Bumpers are made of recycled, vulcanised rubber. These bumpers are designed for hard weight training. Thanks to their soft rubber they're sound-absorbing and durable. This makes the bumpers some of the toughest on the market. Fantastic shock absorbing when you lift!

Hole diameter 50mm

Available in sizes: 5kg | 10kg | 15kg | 20kg



**NEW!** Calibrated Steel Plates with handles





### Colored Weight Plates in Rubber with handles **Art.nr: 423**

Gymleco's weight plates are made of high quality rubber and have a good design suited for any commercial gym. These weight lifting plates have handles for easy change of weights when working out.

Hole diameter 50 mm

Available in sizes: 1,25kg | 2,5kg | 5kg | 10kg | 15kg | 20kg | 25kg | 50kg



### Black Weight Plates in Rubber with handles **Art.nr: 422**

Gymleco's weight plates are made of high quality rubber and have a good design suited for any commercial gym. These weight lifting plates have handles for easy change of weights when working out.

Hole diameter 50mm

Available in sizes: 1,25kg | 2,5kg | 5kg | 10kg | 15kg | 20kg | 25kg



### Black Weight Plates in Polyurethane with handles **Art.nr: 822**

Gymleco's international weight plates with handles, enhanced with the markets strongest material (**polyurethane**) that is similar to strong rubber. These weights from Gymleco are inspired by our most popular weight plates, article 423.

They are of the highest quality and made for commercial use in the gym. The plates have handles for easy switch between machines. Unlike bumper plates these weights are hard which doesn't make them "bumpy".

Hole diameter 50mm

Available in sizes: 1,25kg | 2,5kg | 5kg | 10kg | 15kg | 20kg | 25kg



## Pump Set Polyurethane

**Art.nr: 480PU-20**

Here is a barbell set perfectly made for group classes in professional gyms. The weights are of polyurethane material and therefore very durable. The set is total 20 kg and consists of a barbell, a pair of spring collars and weights: 2 x 1,25 kg, 2 x 2,25 kg and 2x 5 kg.

Hole diameter: 31 mm

Bar diameter 30 mm



## Pump Set

**Art.nr: 480-20**

Are you looking for a space saving barbell with weights? Then we have the solution for you! A barbell set with a total of 20 kg consisting of a barbell, a pair of spring collars and black rubber weights: 2 x 1,25 kg, 2 x 2,25 kg and 2x 5 kg.

Hole diameter: 31 mm

Bar diameter 30 mm



## Urethane Fractional Bumper Plates

**Art.nr: 824F**

These small weights are excellent for small weight changes in your workout and color coded for easy identification. Premium urethane provides unmatched durability and will not damage the bar.

Hole diameter 50mm

Available in sizes: 0,5kg | 1kg | 1,5kg | 2kg | 2,5kg | 5kg



## Technique Weights

**Art.nr: 824T**

Gymleco technique weights in a unique mixture between plastic & rubber provide long durability and quiet use. Extra wide base provides good stability, perfect for training all types of technique lifting.

Hole diameter 50mm

Available in sizes: 2,5 kg | 5kg







**Our products fit well in both home gyms and professional gyms.**  
Here in a home gym in sunny Costa Del Sol, Spain.

## Steel Dumbbells 10 - 100 kg

**Art.nr: 838**

Gymleco's new, unique steel dumbbells. Really robust weights that can stand hard weight training. No loose detail or surface treatment that can loosen or flatten.

Available in sizes:

10kg | 11kg | 12kg | 12,5kg | 13kg | 14kg | 15kg | 16kg | 17kg | 17,5kg | 18kg | 19kg | 20kg | 22,5kg | 25kg | 27,5kg | 30kg | 32,5kg | 35kg | 37,5kg | 40kg | 42,5kg | 45kg | 47,5kg | 50kg | 52,5kg | 55kg | 57,5kg | 60kg | 65kg | 70kg | 75kg | 80kg and up to 100 kg at request.



## Polyurethane Dumbbells 5-80 kg

**Art.nr: 836**

These dumbbells are made of the highest commercial quality and covered in polyurethane material. Durable dumbbells with a well-thought-out design. All weights come with clear markings and with no risk of weights becoming loose.

Available in sizes:

5kg | 7,5kg | 10kg | 11kg | 12kg | 12,5kg | 13kg | 14kg | 15kg | 16kg | 17kg | 17,5kg | 18kg | 19kg | 20kg | 22 kg | 22,5kg | 24 kg | 25kg | 26 kg | 27,5kg | 28 kg | 30kg | 32kg | 32,5kg | 34kg | 35kg | 36kg | 37,5kg | 40kg | 42,5kg | 45kg | 47,5kg | 50kg | 52,5kg | 55kg | 57,5kg | 60kg | 65kg | 70kg | 75kg | 80kg



## Hex Dumbbells 1-35 kg

**Art.nr: 433**

These rubber hex dumbbells deliver the perfect balance of quality and price to any athlete. The dumbbells are hexagonal shaped and stop the weights from rolling around.

Available in sizes:

1 kg | 2 kg | 3 kg | 4 kg | 5 kg | 6 kg | 7 kg | 8 kg | 9 kg | 10 kg | 12,5 kg | 15 kg | 17,5 kg | 20 kg | 22,5 kg | 25 kg | 27,5 kg | 30 kg | 32,5 kg | 35 kg







## Rubber Dumbbells 1-10 kg, PU

**Art.nr: 835**

Gymleco's small rubber dumbbells are made of the highest quality and should be available at every gym.

Available in sizes:

1 kg | 2 kg | 3 kg | 4 kg | 5 kg | 6 kg | 7 kg | 8 kg | 9 kg | 10 kg



## Polyurethane Dumbbells 1-10 kg

**Art.nr: 831**

Gymleco's dumbbells are manufactured with durable material called polyurethane. Each weight comes with clear markings and comfortable handles.

Available in sizes:

1 kg | 2 kg | 3 kg | 4 kg | 5 kg | 6 kg | 7 kg | 8 kg | 9 kg | 10 kg



## Chrome Dumbbells 1-10 kg

**Art.nr: 430**

These highly reflective and attractive dumbbells add a touch of class to any gym. These chrome dumbbells are ergonomically designed to fit comfortably in the users hand.

Available in sizes:

1 kg | 2 kg | 3 kg | 4 kg | 5 kg | 6 kg | 7 kg | 8 kg | 9 kg | 10 kg



## Premium Chrome Dumbbells 1-10 kg

**Art.nr: 830**

These high commercial chrome dumbbells are made of steel and can not be unscrewed. This make these sustainable at the commercial gym.

Available in sizes:

1 kg | 2 kg | 3 kg | 4 kg | 5 kg | 6 kg | 7 kg | 8 kg | 9 kg | 10 kg



**KET** Iron Kettlebells



## Fixed Barbells Chrome

**Art.nr: 828 / 828C**

Gymleco's fixed barbells in chrome comes in a variety of sizes from 5kg up to 50kg. Made in a premium design with a highly durable chrome finish – perfect for elevating the look of your gym without compromising on quality.

Choose between straight or curved model.

Available in sizes:

Both the straight and curled barbell come in 10 different sizes, 5 up to 50kg, with 5kg between the weights.



## Chrome Dumbbells 5-50 kg

**Art.nr: 838CR**

Chrome Dumbbells from Gymleco ranges from 5 up to 50kg. A real showstopper at the gym! Made in a classic design, 100% steel and a highly durable chrome finish for a long lifespan. A must have for every gym!

Available in sizes:

5kg | 7,5kg | 10kg | 12,5kg | 15kg | 17,5kg | 20kg | 22,5kg  
25kg | 27,5kg | 30kg | 35kg | 40kg | 45kg | 50kg



## Iron Kettlebells

**Art.nr: KET**

We introduce qualitative kettlebells in iron material, with color markings. Weights and grip diameters based on the original dimensions. Double handles of all sizes. Weight marking in both KG and LB.

Available in sizes: 4 kg to 56 kg.



## Competition Kettlebells

**Art.nr: KETC**

Kettlebells with one hand grip. Durable dumbbells made of cast iron with comfortable grip. Stylish and high quality kettlebells. Available in several sizes. Color marking on each kettlebell. Measure of the kettlebell does not change even if the weight does. Weight marking in both KG and LB.

Available in sizes: 8 | 12 | 16 | 20 | 24 | 28 | 32 kg



**R101**



**R102**



**R103**



**R106**



**R107**



**R108**



**R108R**



**R4076**



**R112**



**R112L**



**R845**



**R115**



**R117**



**108Q**



**117Q**



**R118**



**R120**



**R122**



**R122R**



**R123**



**R427**



**R849**



**R226**



**R226C**





**R488**



**R847R**



**R847**



**R847N**



**R811S**



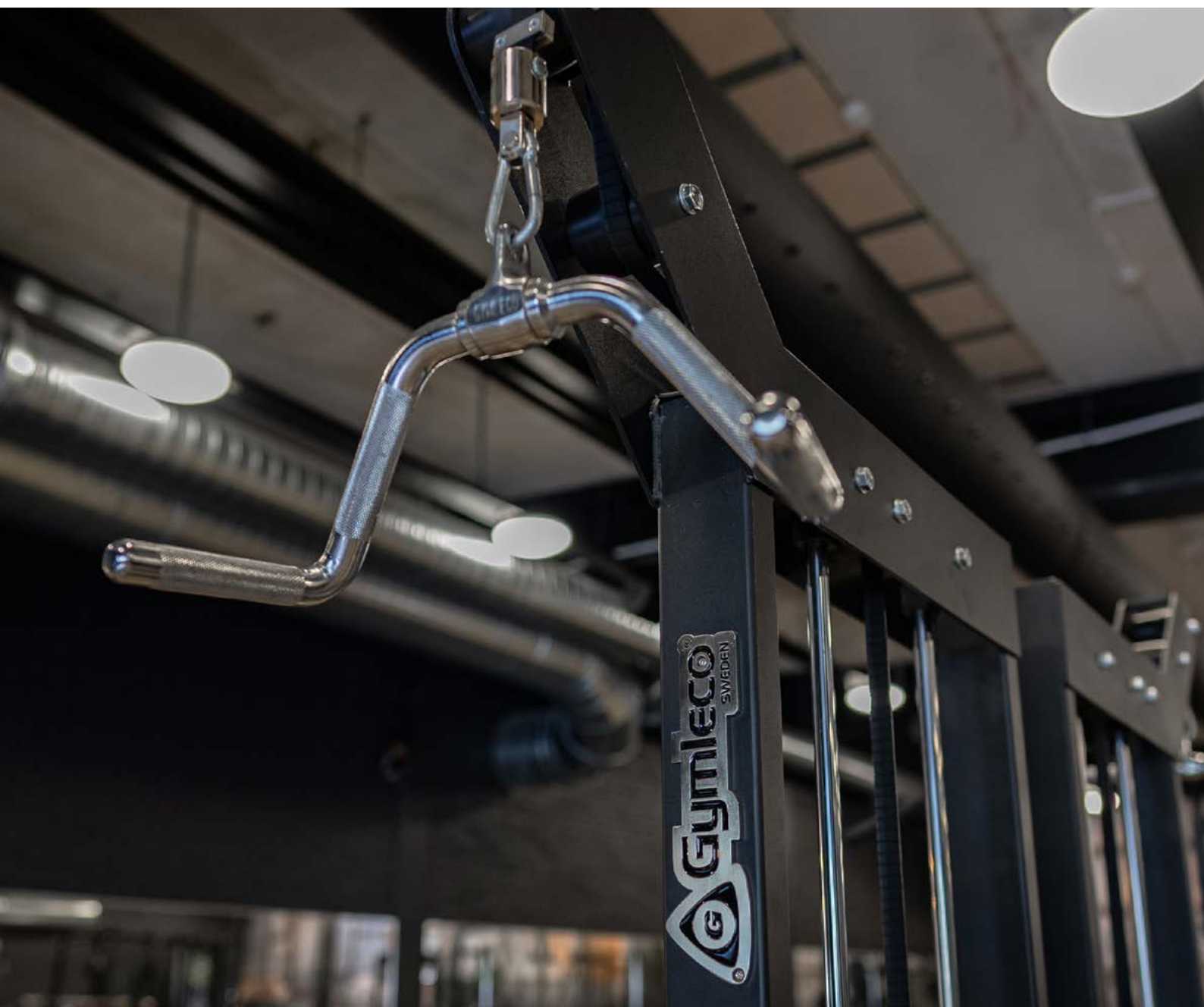
**R811O**



**R851**



**R100**



**R402**



**R408**



**R409**



**R403**



**R405**



**R404**



**N126**



**R141N + R141L**



**816**



**N32-903**



**A-ABMAT**



**R140L**



**R482**



**N42-PRO**



**A-063Belt**



**A-082Belt**



**R482N**



**N68-723**



**N59-996**



**N68-726**







479 Weight Stack Add Pin





225-6 Support Legs for Cable Machines

**A-BAL**



**761-1,5x6**



**765**



**764**



**A-713**



**A-712**



**A-711**



**N38 - 8 / 12 / 16**



**A-714**



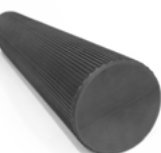
**N61236**



**751 - G/B**



**N122**



**N121**



**R110L**



**R110**



**R250**



**A-ABROLL**



**N130**



**N951**



**N62-657**



**N62-656**



**225-6**



**479**





**770** Metal Wall Bar







## Hygienic Mat

**Art.nr: A-1506008**

Gymleco's hygienic stretch mat in grey/silver with a black backside. The mat is produced with an eyelet on both sides for easy suspension. Durable and easy to clean. Laminated with PVC and contains sealed foam.

1500x600x8mm



## Hygienic studio mat, rectangular

**Art.nr: A-1736008**

Every gym needs durable gym mats. Here you have our hygienic mats that are easy to wipe off after the group training or stretching. Perfect in your yoga or strength training classes or in your stretch section at the gym. With a clean and stylish design they fit into any training facility.

Available in two sizes:

1730mm x 600mm x 8mm

1200mm x 600mm x 8mm



## Yoga Mat

**Art.nr:A-1836105**

Gymleco's yoga mat is made of TPE with a stylish design in black with white logo. Perfect for your yoga classes where you need a durable and durable yoga mat.

1830mm x 610mm x 5mm



## Adjustable step

**Art.nr: 892**

The ultimate gym companion – the versatile step stool that doubles as a chair, exercise tool and unloading aid. Made from left over materials, this step stool is both sustainable and designed to withstand the rigors of gym use.

Adjustable height 39 cm – 53 cm



## Split Squat Stand, Adjustable bench

**Art.nr: 893**

Perfect for bulgarian splits squats! Invest in this single leg squat stand that lets your members train bulgarian split in an ergonomic way. Does not take much space at the floor either. Win-Win!

Adjustable height 39 cm – 53 cm

**N79-020** Hip Thrust Soft Bench



**R110L** Hip Thrust Barbell Pad

## Soft Drop Boxes /Crash Pads

**Art.nr: A-756013**

Crash pads are used in weight lifting and functional training with the purpose of minimizing the sound but also lower the impact on the equipment when you drop your barbell with weights.

Length: 75 cm  
Width: 60 cm  
Height: 13 cm  
Weight: 7,8 kg



## Hip Thrust Soft Cushion

**Art.nr: N79-166**

This soft cushion made for hip thrusts is truly a must-have at every gym. Thanks to it's size, it's perfect for both professional gyms and home gyms. It's used in hip thrusts exercises that you do with a barbell or some kind of weight; could be a kettlebell!

Length: 60 cm  
Width: 40 cm  
Height: 40 cm  
Weight: 15,5 kg



## Hip Thrust Soft Bench

**Art.nr: N79-020**

This bench is a bit bigger than the one above but similar in usage. It's perfect for both hip thrusts but also for other exercises like bulgarian split squats and step-ups. So it's multi-functional!

Length: 100 cm  
Width: 45 cm  
Weight: 17 kg



## Bulgarian Bags

**Art.nr: 787**

The Bulgarian bag strengthens the muscular tolerance of the grip, wrists, arms, shoulders, back, legs, and rotational muscles. Bulgarian bags are perfect in all kinds of gym but are most often used in functional fitness.

Available in sizes:  
5 kg, 10 kg, 15 kg, 20 kg and 30 kg





### Small Foam Plyo Box

**Art.nr: N59995-SMALL**

Smaller version of our popular Foam Plyo Box below. This can be used specially for those who think that the other ones are too big and scary to jump on.

Length: 61 cm

Width: 51 cm

Height: 41cm

Weight: 16 kg



### Foam Plyo Box

**Art.nr: N59995-60**

Even advanced athletes can, despite their away-trained fears, choose soft plyo boxes as they reduce the chance of being injured further.

Length: 76 cm

Width: 61 cm

Height: 51cm

Weight: 29 kg



### Wooden Plyo Box

**Art.nr: N59993**

Turn over the box and get three different heights. The Plyo box is made of wood and with handles for easy movement of the box.

Length: 70 cm

Width: 60 cm

Height: 50 cm

Weight: 28,5 kg



### Premium Plyo Box

**Art.nr: 680**

Gymleco's Premium Plyo Box is made in Sweden from 18mm WISA Hexagon material. Great quality and good looking finish.

Length: 76 cm

Width: 61 cm

Height: 51cm

Weight: 24,6 kg





## Power Fitness sandbag 6-30kg **NEW!**

**Art.nr: 784**

Durable and versatile training tool. Designed to build functional strength, grip, and core stability by challenging the body through unstable and dynamic movements. Ideal for exercises like squats, carries, presses, and throws.

Available in sizes:

6 kg, 8 kg, 10 kg, 12 kg, 16 kg, 20 kg, 24 kg and 30 kg



## Gymnastic Balls, 3 sizes

**Art.nr: A-D55, A-D65, A-D75**

Gymnastic Balls or Yoga Balls, as they are also called, are great for strength training and training your balance and coordination. You can do a variety of different exercises with the Yoga Balls and they are a must in the big commercial gyms as well as a great addition in your home gym.

Available in sizes 55 cm, 65 cm and 75 cm



## Balance Trainer Ball

**Art.nr: N85**

Gymleco Balance Trainer is a commercial half-ball that is a well-regarded tool in the gym. A new and unique training method, which makes it possible to combine aerobic, muscle and torso training.

Included: Pump and handles



## Wall Balls

**Art.nr: 789**

Gymlecos Wall Balls are designed in strong and robust quality. Made for heavy weight training and functional fitness at both boxing and commercial gyms. Also suitable for Strongman training.

Available in sizes:

2kg | 3kg | 4kg | 5kg | 6kg | 7kg | 8kg | 9kg | 10kg | 11kg | 12kg | 14kg



## Slam Balls

**Art.nr: 788**

Gymlecos Slamballs gives you the opportunity for a variety of functional exercises and thanks to the fact that we have developed Slamballs in various sizes you can adjust your weight on the Slamball according to your ability and wishes.

Available in sizes:

2kg | 4kg | 6kg | 8kg | 10kg | 12kg | 14kg | 16kg | 15kg | 18kg | 20kg  
| 25kg | 30kg | 35kg | 40kg | 45kg | 50kg | 55kg | 60kg | 70kg | 80kg |  
90kg | 100kg



## Medicine Ball 1-10 kg

**Art.nr: 786**

The Gymleco Medicine Ball is a versatile tool perfect for enhancing strength, coordination, and overall fitness. Designed with durable, impact-resistant materials, it withstands intense workouts while offering a secure grip with its textured surface.

Available in sizes:

1kg | 2kg | 3kg | 4kg | 5kg | 6kg | 7kg | 8kg | 9kg | 10kg



## Medicine Ball with handles

**Art.nr: 785**

The Gymleco Medicine Ball with Handles combines versatility and durability, making it perfect for dynamic strength and core training. Its ergonomic handles provide a secure grip, allowing for a wide range of exercises, while the high-quality construction ensures it can withstand intense workouts.

Available in sizes:

3kg | 4kg | 5kg | 6kg | 7kg | 8kg | 9kg | 10kg



POWERED BY QUALITY



786 Medicine  
Ball 1-10 kg



785 Medicine Ball  
with handles





196 Weight Rack with 8 Placements



## Weight Rack with 2 barbell holders

**Art.nr: 895**

This is a robust weight tree with a clean and good looking design. An extremely popular product and a must in the gym! The rack has six hangers for international weights and two holders for international barbells.

Length: 46,5 cm

Width: 61 cm

Height: 133 cm

Weight: 15,5 kg



## Weight Rack 6 Placements

**Art.nr: 195**

A compact and stylish weight tree with six bars to store weight plates in different sizes. Perfect choice for you that have weights from 1,25 kg up to 25 kg.

Length: 50 cm

Width: 46,5 cm

Height: 133 cm

Weight: 16 kg



## Weight Rack 8 Placements

**Art.nr: 196**

A compact and stylish weight tree with eight bars to store weight plates in different sizes. You can fit a lot of weights on this one. Perfect if you have weights from 1,25 kg up to 25 kg. This one is our best seller!

Length: 50 cm

Width: 46,5 cm

Height: 155 cm

Weight: 16 kg



## Wall Mounted Weight Rack

**Art.nr: 197**

A smart and compact wallmounted weight tree with 4 placements for international plates. An extremely space efficient and good looking solution to store your weight plates at your gym.

Length: 50 cm

Width: 46,5 cm

Height: 155 cm

Weight: 12 kg





Dumbbell Rack,  
10 pairs, 2,2m  
**Art.nr: 440**

Length: 220 cm  
Width: 59 cm  
Height: 75 cm  
Weight: 45 kg



Dumbbell Rack  
5 pairs, 1,2m  
**Art.nr: 440F-1200**

Length: 120 cm  
Width: 64 cm  
Height: 77 cm  
Weight: 40 kg



Dumbbell Rack 10 pairs, 2,4m  
**Art.nr: 440F-2400**

Length: 240 cm  
Width: 62 cm  
Height: 77 cm  
Weight: 73,5 kg



Dumbbell Rack  
5 pairs, 1,15m  
**Art.nr: 840-5**

Length: 115 cm  
Width: 58 cm  
Height: 62,4 cm  
Weight: 41 kg



Dumbbell Rack  
10 pairs, 2,3m  
**Art.nr: 840**

Length: 230 cm  
Width: 60 cm  
Height: 62,4 cm  
Weight: 67 kg



Standing Dumbbell Rack  
10 pairs  
**Art.nr: 441**

Length: 32 cm  
Width: 32 cm  
Height: 126 cm  
Weight: 15,5 kg



Barbell Rack, 10 places  
**Art.nr: 451V**

Length: 77 cm  
Width: 80 cm  
Height: 15 cm  
Weight: 24,5 kg



Barbell Rack, 5 places  
**Art.nr: 452V**

Length: 62 cm  
Width: 71 cm  
Height: 15 cm  
Weight: 12 kg



Wallmounted Barbell  
Holder, 2 places  
**Art.nr: 472**

Length: 13 cm  
Width: 30 cm  
Height: 20 cm  
Weight: 3,5 kg



Barbell Storage, 10 places  
**Art.nr: 451**

Length: 65 cm  
Width: 46 cm  
Height: 15,5 cm  
Weight: 25 kg



Barbell Storage, 5 places  
**Art.nr: 452**

Length: 65 cm  
Width: 40 cm  
Height: 15,5 cm  
Weight: 20 kg



Wallmounted Barbell  
Holder, 5 places  
**Art.nr: 475**

Length: 13 cm  
Width: 66 cm  
Height: 15,5 cm  
Weight: 7,6 kg



### Rack for pumpset

**Art.nr: 480**

The smart design makes it easy to storage 30 sets of pump weights and barbells on this rack. This is the perfect rack and storage for the group training area.

Length: 60 cm  
Width: 122 cm  
Height: 163 cm  
Weight: 51 kg



### Barbell Rack, 10 fixed bars

**Art.nr: 450H**

Well-designed barbell rack for fixed barbells in straight or curled model. Clean and beautiful with a black frame and hangers in chrome. The barbell storage is designed for commercial use which makes it perfect for professional gyms.

Length: 87 cm  
Width: 84 cm  
Height: 139 cm  
Weight: 60,5 kg



### Barbell Rack, 5 fixed bars

**Art.nr: 445H**

Well-designed barbell rack for fixed barbells in straight or curled model. Clean and beautiful with a black frame and hangers in chrome. The barbell storage is designed for commercial use and is therefor suitable for professional gyms.

Length: 87 cm  
Width: 84 cm  
Height: 139 cm  
Weight: 37 kg



### Wall mounted Barbell Rack

**Art.nr: 446**

This horizontal wall mounted barbell rack offers convenient storage for 6 different barbells. Effective when you want to free up some space around your rack or on the floor and have the barebells on the wall instead.



## Kettlebell Rack

**Art.nr: 443**

Gymleco kettlebell Rack that can fit up to 10-15 kettlebells depending on kettlebell size. Very stable and flexible design with rubberized shelves for quiet and safe management. Can also be used as a stand for slam balls, wall balls, etc.

Length: 53 cm  
Width: 125 cm  
Height: 67 cm  
Weight: 32,5 kg



## Rack for Medicine Balls, 10 pieces

**Art.nr: 470**

Enhance the organization and aesthetics of your gym with the Gymleco Rack for Medicine Balls. Crafted with precision and durability in mind, this rack is designed to keep your medicine balls or wall balls in a neat and orderly fashion, while adding a touch of style to your fitness space.

Length: 35 cm  
Width: 90 cm  
Height: 165 cm  
Weight: 25 kg



## Carriage for handles

**Art.nr: 495**

Optimal handle storage for your gym. This handles and accessories carriage has two sides which means a lot of equipment can be stored in it. It also has wheels which means that you can move it wherever you need to.

Length: 129 cm  
Width: 50 cm  
Height: 145 cm  
Weight: 65,5 kg



## Wallmounted handles and accessory board

**Art.nr: 495-1**

The handle board has place for 14 exercise handles, training accessories, weight lifting belts etc.

Width: 120 cm  
Height: 80 cm  
Weight: 18 kg





## Wall mounted Dip Handles, Angled

**Art.nr: 755D**

Gymleco's wall mounted dips handles are well thought out in design and form. The angled handles give you the right position for your dip training. Well suitable for the big gym or the smaller home gym.

Diameter dip bars 40 mm



## Wall mounted Dip Handles

**Art.nr: 755S**

Gymleco's wall mounted individual dip handles are incredibly well constructed and strong. Easily to train dips and the design is space-saving. Well suitable for the big gym or the smaller home gym.

Diameter dip bars 40 mm



## Squat Wedges

**Art.nr: N125**

Designed to elevate your heels during squats or deadlifts, these wedges can help you achieve a deeper range of motion and target your leg muscles more effectively. With two different heights of 5 cm and 10 cm, they can accommodate different levels of flexibility and exercise intensity.

Weight: 1 kg  
Depth: 31 cm  
Height: 5-10 cm



## Sledgehammer

**Art.nr: N31**

Are you ready to ramp up your gym and challenge your gym members like never before? Here is the ultimate tool for your strength training, functional training, and strongman training. Available in various weights ranging from 5 kg to 30 kg or as a set.

Grip Diameter: 35-42 mm  
Length: 86-103 cm

## Wall mounted Rack for Gymballs

**Art.nr: 465**

This wall mounted gymball rack is a great way to prevent the exercise ball from rolling around and getting in the way. The stand is suitable for balls with a diameter between 45-80 cm. It is designed and manufactured from the highest quality materials and powder coated with black paint.

Length: 60 cm



## Mat Suspension

**Art.nr: 460**

Gymleco's adjustable mat hanger. Perfect for hanging our hygienic mats on. Perfect for both the group training room where there is a need for organizing yoga mats or at the home gym where you want the mats hanged neatly on the wall.

Length: 40 cm-70cm



## Mat storage, single hook

**Art.nr: 461**

Gymleco's mat hanger with one hook, perfect for hanging Gymleco's Hygienic Mat with one eyelet. It's optimal for all professional gyms where organization of the mats is needed or for the home gym when you want the mats hanged neatly on the wall.



## Ball Target, Double

**Art.nr: 689**

Wallball target is used in functional training when you throw a weighted ball to the target area. It's suitable for Gymleco racks with art.no: 601, 602, 649 & 848. Can also be wall mounted.

Heights: Men 305cm c/c,  
Ladies 274cm c/c  
Diameter 40cm.







848 Half Rack

## Power Rack /Cage

**Art.nr: 649**

This Power Rack is excellent for squats, bench press and chins training, among other things. The rack is designed with safety frames that makes it easy for both the beginner and the experienced weightlifter to use the rack.

2 reversible chin bars included: D25mm + D40mm  
Safety barriers included.

Length: 129 cm  
Width: 89 cm (128 cm with weight hangers)  
Height: 240,5 cm  
Weight: 158 kg



## Half Rack

**Art.nr: 848**

This one-sided Half Rack is a well designed rack with the possibility of a large number of exercises such as bench press, squats, chins, pull-ups, standing rowing, etc. A robust rack designed for commercial gyms.

Safety barriers 500mm included.

Length: 116 cm  
Width: 164 cm (with weight hangers)  
Height: 230 cm  
Weight: 101 kg



## Half Rack, Double Sided

**Art.nr: 848D**


Half Rack in double model is a great rack with the possibility of an extremely large number of exercises such as bench press, squats, chins, pull-ups, standing rowing, etc. Easy to place on the gym thanks to the compact design. Commercial quality for the professional gym.

Safety barriers 500mm included.

Length: 202,5 cm  
Width: 164 cm (with weight hangers)  
Height: 230 cm  
Weight: 180 kg







We offer special treatment for outdoor protection of the surface. This applies on all our selected rigs.

**610** Complete Crossbox Station





## Wallmounted Rig

**Art.nr: 601**

This wallmounted Gymleco rig, or so-called training station for functional fitness, is a beautiful and stable rig for all gym environments. It is multifunctional with the possibility of many different training exercises such as squats and chins. The rig is designed and made by Gymleco and is therefore created with quality materials.

The rig is attached to the wall and to the floor for extra stability. It has a number of extensions that you can add on as well as various options for building the rig bigger. We can also offer outdoor treatment of the rig. This gives the rig extra surface protection so that it can withstand the environment outside. Two bar hangers are included with the rig so that you can simply buy a barbell with the station and start squatting.



1.

Included:  
2 pc bar hangers  
Chins bar at 33,7 mm in diameter

2.

Included:  
Weight holder, pair with 4 + 4 weight places  
Security console



3.

Image shows how you can build out the rig with two sections with a chinbar at 130 cm between.



## Rig with 6 liftings places

**Art.nr: 602**

Fantatic training station for all gyms! It has both low and high pillar positions so that you can integrate rope and ring stations as desired. The stand has a total of 11 pull-up stations, of which six are suitable squat stations. It can be equipped with accessories such as dip racks, safety equipment, weight racks, etc. Best thing is that you can build this rig however big you want and with whichever components you need. The possibilities are endless!



Height: 271 - 346 cm (We can also create a lower one if necessary)

Width: 122/142/182 cm, you can choose between different options depending on the space.

## Complete Crossbox Station

**Art.nr: 610**

Crossbox station provides versatile training for the whole body where you can do a lot of different exercises. The station can be built with complementary accessories completely according to your own conditions and wishes. You can for example build your station with additional parts such as a monkey bar, punching bag and squat suspension. This is a best seller thanks to the compact size which makes it easy to place in any gym regardless of surface.



Length: 345 cm

Width: 245 cm

Height: 236 cm

## Monkey Bar Rig

**Art.nr: 614**

The purpose of a Monkey Bar Rig is to among other things, practice grip strength by getting from one side to the other hanging with your hands. But the stand also provides the opportunity for hanging a punching bag and chin railing, which provides more training opportunities in the gym. Many hang also a TRX on the rig.



Length: 410 cm

Width: 170 cm

Height: 229 cm





**602** Rig with 6 lifting places







## Gymleco Functional Sled **NEW!**

**Art.nr: 675**

A versatile and robust training sled for explosive strength and endurance. Built from durable steel and equipped with five removable poles for varied grips and techniques. Perfect for training legs, hips, core, back, and arms. For maximum effect, combine with our pulling rope.

Length: 102 cm

Width: 60 cm

Height: 100 cm

Weight: 50 kg





## Gymleco Pulling Rope **NEW!**

**Art.nr: 760-1.5x12**

A 15 meter training rope that builds strength, endurance, and grip. Attach it to the *Gymleco Functional Sled* for dynamic pull exercises that engage your core and entire posterior chain.



## Conan Wheel

**Art.nr: 665**

Also called the Conan Circle. This is a classic strongman equipment which is used by adding weight plates on it and carry around the weight in a circulating motion.

Used with international weight plates. The lifting arm can be adjusted in height from 123 cm to 143 cm. The distance from the center to the start of the lifting arm is 160cm (which gives about 10 meters of walkway per turn)



## Fitness Yoke

**Art.nr: 664**

Gymleco's own Fitness Yoke with adjustable height. Beautiful, clean design made of strong material, making the piece timeless. A perfect gym equipment for heavy strongman training.

The diameter of the grip 60 mm

Highest position: 177cm

Lowest position: 132cm

Length: 120 cm

Width: 40 cm

Height: 108 - 164 cm

Weight: 50 kg



## Prowler Sled

**Art.nr: 685**

Prowler Sled combines the training of strength and endurance of legs, waist and arms. Often used in functional fitness but also in the traditional gyms, preferably where there's space for a artificial grass track.

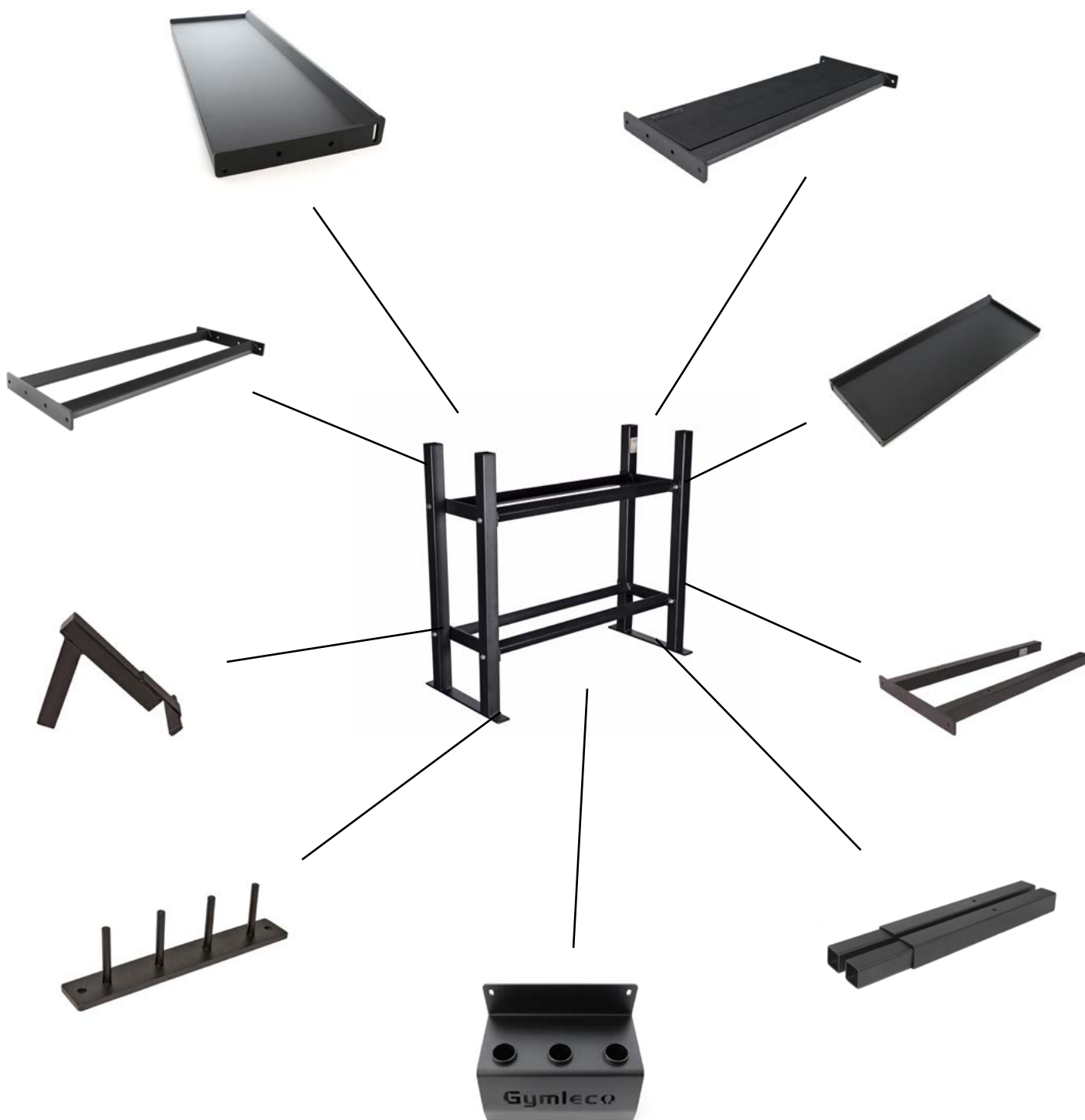
Length: 101 cm

Width: 67 cm

Height: 103 cm (with the handles)

Weight: 50 kg





### **Art.nr. 896 Bumper Plate, Slam Ball Rack**

Build your Gymleco rack according to your wishes and conditions at the gym

Here you have Gymleco's stylish and robust multi storage rack which has place for both weight plates, dumbbells, wall balls, slamballs as well as barbells, jumping ropes, resistance bands and more. With this multi storage you have endless possibilities!

You can adjust your 896 storage system completely to your needs. Build three shelves if you want to be able to fit a lot in a small surface. Increase the shelf in width if you want a lot of equipment and everything collected in one place. Mix different shelves to make sure that all your equipment has a place in the rack.





## Bowl for Magnesium /Chalk

**Art.nr: 692**

A compact and smart designed standing bowl for storing chalk blocks or powder. This Gymleco Standing Bowl for chalk is perfect for commercial gyms and training boxes.



## Push-up Bars

**Art.nr: 621**

These high-quality Gymleco Parallettes, or so-called Push-up Bars are used in calisthenics and help you get more power in exercises that strengthen the arms, shoulders and chest.

Length: 50 cm

Height: 27 cm

Width: 34 cm



## Barbell Lifter / Bar Jack

**Art.nr: 898**

Gymleco's barbell lifter is a tool that makes it easy to change weights during heavy weight training. Just roll over the bar with weights on and lift it up a few cm to change weights.

Length: 126 cm

Width: 32 cm

Height: 118 cm

Weight: 12 kg



## Barbell Lift Mini

**Art.nr: 899**

Gymleco's barbell lift (mini) is a tool that makes it easy to change weights during heavy weight training. Just roll over the bar with weights on and lift it up a few cm to change weights.

## Atlas Stones

**Art.nr: 868**

Atlas Stones are made of concrete shaped into a round ball. These are traditionally used in Strongman events but are now also popular on gyms that wants to offer something different.

Sizes from 50 kg to 110 kg (diameter 41,5 cm-48 cm)



## Podium set for Atlas Stones

**Art.nr: 867**

Gymleco's Podium for Atlas Stones are an essential part of your Strongman equipment. The podiums are robust and made of the highest quality to make sure that you can lift as heavy and as much as you'd like.

The podium is available in sizes 150 cm, 135 cm and 120 cm, but can also be ordered in other sizes.



## Punching Bag

**Art.nr: N214**

Designed to hold hard boxing training at the gym. The bag is 130 cm long which makes it possible for any body length to train on. Mounted either from the ceiling or hanging from a rig.

Width: 40 cm

Length: 130 cm

Weight: 40 kg



## Standing Punching Bag

**Art.nr: N224**

This standing punching bag is in a durable PVC material with a filling in foam plastic. It is made for lighter punch training. The base is filled with about 75 kg of sand for stability. Sand is not included in delivery.

Diameter (maximum): 56 cm

Height: 172 cm



## Farmers Walk

**Art.nr: 666**



Gymleco's Farmers Walk Handles are robust and truly durable with generous space between the equipment for user's legs. Upward-angled weight holders for longer durability of the equipment.

Weight: 15 kg / piece

Add weights with 50 mm hole diameter.

## Strongman Sand Bags, XS - XL

**Art.nr: 869**



Gymleco's Strongman Sandbag is an excellent training equipment for both strongman, functional fitness and other free weight training. A good option for atlas stones or slamballs. The sandbags are great for training exercises such as front squats and sandbag carries. Sand is not included.

Available in sizes 30 kg, 45 kg, 65 kg, 85 kg, 115 kg

## Wooden Wall Bars with Chins

**Art.nr: 775W**



Wooden Wall Bars is a great piece of gym equipment. You may have seen it before in gyms or schools where they're used for coordination, stretch or strength. An ideal multi-functional gym equipment for not only commercial gyms and homegyms but also sports medicine clinics, hospitals and schools. The Chins rack in our Wall Bar can be changed in height.

L: 53 cm. W: 80 cm. H: 220 cm

## Peg Board

**Art.nr: 611**



Gymleco's Peg Board is designed and manufactured with the absolute finest quality. It has a total of 35 holes and is made of strong wooden material. Training in a pegboard is extremely heavy and good for your grip strength, as you hang your hands on two sticks and move forward, up and down with them.

Two sticks of oak are included.

L: 242. H: 30 cm.





867 Podium Set for Atlas Stones

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